

January 2018

Developing Indigenous Resources- India



Thought of the Month

“Happiness cannot be travelled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace and gratitude.”

Denis Waitley

DIR-India

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CEO's MESSAGE

Dr. ASHA KATOCH



January, beginning of the year 2018 , we realized that DIR-India has worked for 12 years struggling in Janta Colony to change the way of thinking of people towards health and education. It is heartening to see the financial growth amongst some people but health awareness and education still need special attention.

In 2006 when we started this project under a tree there were many challenges both social and religious. Every step was taken deliberately with patience and hope to change the attitude of people. DIR-India succeeded and was accepted by local society with respect and dignity that today we have a hired accommodation to run multiple programs.

Our special attention is to eliminate red zone category of children in which Dir-India is still struggling with. To make our project more result orientated we have adopted a new system of incentive for HP's in terms of the cash award. Few changes are made in running the project so that there are closely monitoring and professional assistance by senior staff to overcome red zone children in the adopted area of 17,970 people. Each HP has complete statistics of a total number of population, number of birth and death, male and female ratio, a number of Hypertension, diabetes and thyroid cases, the health status of children under five years and pregnant mothers in their respective area. For the first time, the bonus of rupees five hundred is introduced to each HP over and above their salary as a reward which generated motivation and competition amongst them. The bonus is calculated as per the health status of children in their respective area. The formula is simple and straight. A total number of children divided by 500(bonus) gives the value of each child in rupees. HP loses money for the number of children in the red zone, 50% of the value of money in the yellow zone and gets paid the complete value of rupees in the green zone. The top three HP in merit who earn a maximum bonus, a standing ovation is given. There is a special smile of contentment and motivation one can see amongst all HP's to work harder and their thrust is to eliminate yellow and red zone category of children in their respective area. We have reports of some HP's working overtime to achieve this target. There is a check system by HP's and senior staff to ensure that the reporting is accurate. The growth charts are checked by senior staff every day.

Academically all HP's performed extremely well in Medical Test. **Veena, Vandana** and **Sushma Bisht** got 100% marks, majority scored 90% and above, few got above 80% and one HP Kanchan a newcomer got above 60% marks.

Our school with the difference has gain popularity for its discipline, new methods of education and activity program which has been introduced. Many parents have done registration two months in advance for the next session. The strength of the school is likely to increase.

The school celebrated **Lohri** sponsored by **Mr. Anil Jain**. On this festival, all newborn in Janta colony were invited. School children and complete staff celebrated the festival by singing songs and dancing around the bonfire. Newborn and all children were given a parting gift of sweets and peanuts.

On 22/1/2018 was **Basant Panchami**. A celebration of Harvest festival in which everyone is dressed in yellow. This program was sponsored by **Mr. Mumtaz** in which all children were given sweets

Two officials from Punjab government **Ms Kusum**, community development officer and **Mr. Karan**, skill development officer visited DIR-India office. They will be organizing seven days' workshop in tailoring and designing for 30 women in our basti office by mid-March 2018 to improve the stitching skills of our tailoring students.

Ms. Swati Langeh, an entrepreneur, master in adventure sport, Ceramic Potteries, Hospitalities visited our office on 4/1/2018. She was highly impressed by our medical project. She is likely to visit our office again to see the field program and then decide how she can help DIR financially or otherwise.

Mrs. Abha Chaudhary along with her team of six ladies came to hold a workshop on personality development on 16/1/18. We had an audience of 30 ladies. This was a big success as women of basti were made to understand to respect your own self first only then the world will respect them. **Abha** assured us that she and her team will offer their services to janta colony once two months.



Mrs. Asha Katoch during a class

AN INSPIRATION – From Janta Colony

Ms Preeti



I am **Kamalpreet Sharma popularly known as Preeti**. I am from a Sikh family living in Janta Colony since birth. We are two sisters and one brother. I am the youngest sibling in the family. My father was running a Government Depot for distributing free rations to below poverty line people of Janta colony. I was only 3 years of age when my father left the house and never came back till date. My brother was 5 years of age and my elder sister was in class 5. My mother became the pillar of the family, took care of the Government Depot, brought us up and guided us in life.

I was studying in a small Ambedkar school of Janta colony in class four when DIR-India entered to offer their social services to our community. It was something new to society as no organization had ever been in this area before. DIR – India's activities were educative and helped the masses in many ways especially on health issues.

Environmental cleaning and cultural program of DIR-I impressed me the most. I was very fond of plays and dancing. The DIR Team organized a special cultural evening in Basti in which children of Janta colony were made to participate to project and enhance their skills. Amongst the audience, few dignitaries were there. Mr. Carval, the owner of St. Stephen's school was the chief guest. I performed a folk dance which was highly appreciated. Mr. Carval took a prompt decision of giving me admission with free education in St. Stephen's school, one of the top school of Chandigarh.

I was in 5th standard when I got this opportunity to join such a big school. St. Stephen groomed me on all fronts from personality development, self-esteem, self-confidence along with professional knowledge. After completing metric, I joined Polytechnic College for Diploma Course. Currently, I am pursuing B.Tech in Computer Science and Engineering in Chandigarh Group of Colleges.

I am blessed when I think of my childhood, participating in the DIR-India cultural program for fun, did not realize that my life will reach another level in one night. I can proudly say that whatever I am today the credit goes to Developing Indigenous Resources India.

I am grateful to Dr. Fredrick and Dr. Asha Katoch for giving me the opportunity to project my talent on stage without which I would not have been where I am today. The DIR team is doing an excellent work in Health and education program in our colony that every occupant has something good to say about DIR-India. My compliments to each and every member of DIR-India.



Preeti as a child in blue lehnga

IMMUNIZATION PROGRAMME

SHP Veena



Every Wednesday is designated as immunization day in collaboration with Punjab Government Health services. A team of 3 doctors and para-medical staff of Homeopathic Medical College and Hospital of sector-26 Chandigarh did four medical camps in the month of January. Total of 72 Patients were given free consultation and treatment.

Total number of children immunized are **134**, and the number of pregnant women immunized are **25**.



THE FOLLOWING INOCULATIONS WERE GIVEN DURING JANUARY 2018

Shots	1 st dose	2 nd dose	3 rd dose
BCG	-	-	-
DPT 5 YEARS	34	-	-
DPT-B	26	-	-
MEASLES	21	26	-
PENTAVALENT + IPV	5+5=10	20	19+19=38
T.T BOOSTER	3	-	-
TT1 INJECTION.	11	-	-
TT2 INJECTION	11	-	-
TT 10 YEARS	9	-	-
TT 16 YEARS	0	-	-
TOTAL	125	46	38

INCOME GENERATION ACTIVITY

SHP Maya



In the month of January, we have a class of **18 Students**. DIR-India's popularity has gained momentum in the Nayagaon region due to perfect training skills in cutting and stitching that the strength of tailoring students is increasing day by day. We appreciate as it is a good opportunity for the young girls and women to earn money to fulfil their own needs.

Skill development officers from Punjab Heritage and Tourism Promotion Board, **Kusum Nehra** (community Dev. Officer) along with her team visited DIR-I office in the first week of January. They will be holding workshops for the women to enhance their expertise in tailoring in mid-March 2018. This will be a skill development program sponsored by Punjab Government. All the women of the basti are excited and waiting for the opportunity. We have names of 40 women registered in this schedule.



MY STORY



I am **Captain Bipin Sharma** from Jhandutta village, Distt. Bilaspur, Himachal Pradesh. I was born in a Brahmin family in 1967. I belonged to an agricultural background with limited resources. It was difficult for my parents to afford my education expenses. I was smart and was keen in studies so my father sent me to school. I ensured that I stood first in class to make my parents happy and also to prove that I have a potential to achieve high goals in life. I completed my secondary education in 1984. My parents wanted me to be a teacher but I had a dream to join Indian Army. So in 1985, I gave an exam to join the army in Shimla where I stood first. This was the happiest moment of my life and a proud moment for my parents to serve the Nation. At last, my dream of wearing a uniform came true.

The Army training Institution gave me basic training in arms and taught me self-discipline and selfless-commitment to the nation. After completing my training, I was posted in Siachen Glacier, which is the highest battlefield on Earth, where the normal temperature is -25 to -50 degrees and the human body simply refuses to work efficiently. This was the most challenging period of my life where I got the opportunity to serve my motherland in harsh conditions. As a soldier, you can get posted anywhere in the country but my second challenging period in service was in Ferozpur District in Punjab as Khalistan terrorism was prevailing in the state of Punjab. I got the opportunity to protect people and maintain peace in Punjab. It was a proud moment for me to serve innocent people. I completed my graduation during my service. I gave my service in Sikkim Nathula Boarder in T-1992 and Srinagar in 1995. I got the opportunity to fight against militancy in Kashmir. I have faced a number of encounters in Srinagar valley but nothing can stop a soldier.

In the year 1999, I was blessed with a chance to fight against the Pakistan Army on Tololing Tiger Hill at the height of 5240 Meters in Kargil, Jammu and Kashmir state. It has been endorsed in the Indian history the bravery of Indian soldiers and how they fought to save this Tiger Hill territory and won the battle in which I was one of the soldiers. It was the proudest, memorable and happiest moment of my life.

After that, I got a chance to maintain peace in Assam, Manipur and Nagaland. It is a great feeling to be a soldier and part of Indian Army. I retired last year after serving the nation for 30 years. After retirement, the first job I joined as an administrator with DEVELOPING INDIGENOUS RESOURCES INDIA. I am enjoying this work since it is related to social cause of serving the underprivileged children, mothers and masses of the Basti. I am enjoying the work and pleased to be associated with it. DIR has 30 employees, we all work together as a family and make impossible to possible. I am pleased that after retirement I am still serving for a good cause.

CHILD ACTIVIST PROGRAMME



Mrs. BANITA
SENIOR HEALTH PROMOTER

Timing: 3:30 pm to 4:40 pm

Age group: 7 yrs. to 13 yrs.

CHILD ACTIVIST PROGRAM (CAP)

CAP Program started with great excitement **of celebration “2018 A HAPPY NEW YEAR”**. All children were welcomed with candies. The activity started with outdoor games like Kho Kho and Badminton.

In CAP Program both indoor and outdoor games are played with children as a mode of entertainment in a slum. HP's take full advantage of their physical presence in promoting the medical education.

The two topics selected for this month were:-

Personal Hygiene.

Importance of Carbohydrate diet for energy generation in the body.

HAND WASHING

Children were shown charts demonstrating **six steps** to wash hands in personal Hygiene. Later all the cleansing products along with gadgets were put in a basket. Children were made to understand the importance of each item. Later two teams were made. A representative from each team came forward to give a demonstration on steps to wash hands. The team member had to pick up an item from the basket and write its name and give the use and importance of the item in personal hygiene. Whichever team scored the maximum point was the winner. Sweets were given to all participants as reward points.



CARBOHYDRATE DIET FOR ENERGY GENERATION

Children were shown uncooked vegetables, cereals and common food items in a basket found in every home which are rich in carbohydrates. The emphasis was on carbohydrate-rich food which generates strength and energy in the body. The Health Promoter's in a playful manner took a class and then made them play a game. Children were made to sit in a circle and a bottle was rotated in the centre of a circle till it came to a halt. The direction in which the mouth of the bottle pointed at the participant had to pick up a vegetable from the basket and give its properties. A candy was given as a reward.



NUTRITION TRAINING



Mrs. NATASHA SHARMA
NUTRITIONIST

"Good nutrition is one of the best sources of economic growth and it contributes to peace and stability."

This month in academics we covered Carbohydrates and its functions, Importance of proteins along with its functions and deficiencies, the importance of breastfeeding and its benefits to mother and child along with weaning, the importance of nutritious food for growing child disadvantages of poor nutrition in growing child.

Nutrition exam was taken in which HP Banita scored the highest marks. All other HP's had marks above 90 %. I am pleased with the academic performance but we all need to work hard in bringing down the red zone category.

Kids are fond of eating junk food and mothers are constantly complaining to us about the food habits. We decided to give a nutritional demonstration on **Chatpatti Bhelpuri** (a snack made with puffed rice) was given to all Health Promoters. This snack is made from seasonal vegetables, puffed rice flavoured with fresh lime and garnished with fresh coriander leaves. It is delicious and both adults and children love it. The main ingredients Puffed rice, boiled black gram, roasted peanuts, seasonal vegetables like Carrot, potato, onion, tomato, lemon, coriander and tamarind chutney. This recipe is rich in calories, protein, Vitamin A, iron and calcium. One of the popular healthy snack for growing children, pregnant and lactating mothers.



Mrs. Natasha during her demo class

HYPOTHYROIDISM IN PREGNANCY



Ms SUSHMA BISHT
HEALTH PROMOTER



It is sad but true that we identified a pregnant lady, **Suman** (age: 27 Years) in the second trimester, suffering from **hypothyroidism** in HP Sushma Bisht's area. The lady is undergoing treatment at General hospital, sector 16, Chandigarh. Doctors verbally advised her for taking precautions in diet but didn't tell anything about the type of diet she was supposed to take. Lady was illiterate and confused as to what food products were suitable for her to eat. HP Sushma counselled the lady and explained her the foods she must avoid which includes mustard green, spinach, turnip, cauliflower, cabbage, peach, pear and deep-fried food such as Poori, samosa, parantha. All other food she can consume freely. She was advised exercises like walking and to take small meals more frequently. She is obediently following the instructions and I am regularly monitoring her weight and blood pressure.

NUTRITION IMPROVEMENT PRIORITY PROGRAM



Ms SUSHMA BISHT
HEALTH PROMOTER

This program is regularly running for more than three years. The main purpose of this program is to bring down the percentage of red zone children to the barest minimum. High priority red zone kids from extremely poor family are fed WITH high protein diet which is cooked in DIR-I and fed under direct supervision. Each child is fed a cup of milk, boiled egg, soybean cereal and one banana every day. Nutritionist plans a weekly menu.

Age of children in the NIPP	
0-12 month	1(1.67%)
13-24 month	9(15%)
25-36 month	15(25%)
37-48 month	11(18.33%)
49-60 month	15 (25%)
Above 5 Years Needy	6 (10%)
Needy/ Lactating Mother	2(3.33%)
Pregnant ladies	1(1.67%)



In my area, a girl named **Anshika** who lives in H.No.1400, came for Nutrition Improvement Priority Programme in November 2017. She is now 25 months old. Her mother Lalti is 22 years of age and her father Nand Lal 23 years old. Nand Lal works in a courier service with a meagre salary. They live in a rented room in Basti. When Anshika was introduced in NIPP program, her weight was 6.5 kg. She was 4.5 Kg underweight than her ideal weight(11 kg). Thanks to NIPP diet that she started gaining half a kilogram of weight every month. Her current weight is 8Kg. I am working sincerely and closely monitoring her weight to ensure she enters the green zone category as early as possible.

TOTAL NUMBER OF RED ZONE CHILDREN IN THE BASTI



Mrs. MEENA
HEALTH PROMOTER

STATISTICS OF TOTAL RED ZONE KIDS IN OUR PROJECT AREA

Age in Months	Number of Children	Percentage
0-12	47	21%
13-24	30	13%
25-36	48	21%
37-48	46	20%
49-60	43	19%
TOTAL	$214/1591*100$	13.45%



MOTHER's HEALTH



Ms Sangeeta Rawat
SENIOR HEALTH PROMOTER

In the month of **January 2018**, we had a total of 24 deliveries. Amongst newborn, 14 male babies and 10 female babies

All the mothers had hospital deliveries with regular antenatal and postnatal checkups. We had no case of stillborn or home deliveries. There was one case of miscarriage in HP Sushma Bisht area.

Pregnant mothers	# of Delivery	Births		Mothers who Moved		Still Born	Mis-carriage	Abortion	Newly Pregnant		Total Pregnant
		M	F	Temporarily	Permanently				Arrived	Conceived	
Last Month											This Month
110	24	14	10	7	4	0	1	0	8	23	112

Luckily this month we got multi vitamin capsules from Vitamin A Angels. We distribute these supplements every 15 days to all pregnant women of basti under the supervision of Dr. Asha Katoch. As we know the body requirement of food and nutrition increases in a pregnancy, due to poverty pregnant mothers cannot afford to buy. Thanks to Vitamin A Angels who are sending us regular supplies of Vitamin A capsules, deworming medicine and multivitamin supplements to take care of malnutrition.

SUCCESSFUL STORY



Sunita Mukhia

HEALTH PROMOTER

**Unit: Janta Colony, Block A
Story of Shallu**



In my unit, I had a pregnant woman named Shallu, who lived in #373, Janta Colony. Her first child was born in Government hospital sector 16 Chandigarh. She was in her last trimester with a due date in January 2018. Her sister had home delivery in Panchkula two months back by some woman identity of that woman is unknown. By God's grace, both child and her sister as per Shallu are fine. Shallu got influenced by her sister and decided to have home delivery in Janta colony. In my routine field work I asked her for prenatal checkups as due date was closer she shared her mind that she will be having home delivery. I was shocked and realized that after working for 10 years in this Basti people are still gullible to take drastic decisions. Well, this was her own sister's motivation which is definitely more powerful than mine. I counselled her and made her realize the complications and risks one can face with the unhealthy environment. Hospital delivery is safe. I was determined to change her mind. I took the help of my colleagues and Natasha Ma'am, our nutritionist. I even counselled her mother-in-law and educated her on shortfalls of home delivery. home delivery.

With dedication and perseverance, I finally won and convinced her for hospital delivery. On 20 January 2018, she gave birth to a healthy girl child weighing 3 kg. I am extremely happy and satisfied to see the baby and mother both healthy and smiling. It was a challenging task and was a great experience.

SAD STORY



Sushma Bisht
Health Promoter

Unit: Safeda Colony Block D



Story of Rinky

I had a pregnant woman named Rinky, lived in 2038/D. She was 3 months pregnant. She went for regular check-ups in Government hospital sector-16, Chandigarh. Her haemoglobin was 10.8 gm. On 18 the December 2017 early morning she found that she is having mild bleeding without any pain. She rushed to Government hospital sector-16 Chandigarh for a checkup but by the time she reached there her bleeding flow increased along with severe spasms in the abdomen. The doctor gave the unpleasant news that she had aborted. Now she is on proper medication and good healthy diet which is helping her in fast recovery. I am regularly visiting her, counselling her and building her up psychologically.

SCHOOL WITH A DIFFERENCE

New Year of 2018, with chills and shivers. Children clad up in Caps and socks which was gifted to them on Christmas day come to school. Some kids with excitement and for some not so pleasant feeling due to biting cold. To generate excitement in kids through a playful method we taught them about winter fruits and vegetables, teaching them the power and energy which is generated by eating them to counter cold.

Lohri is a popular festival of Punjab. The bonfire is lit and rituals of worshipping the fire with Peanuts, popcorns, sweets and candies made from jaggery are done at the start of the celebration. Later Punjabi folk songs are sung with traditional dance of Gidhaa done by entire DIR staff and children. Newborns of Janta colony are our chief guests. All mothers of babies were gifted with a packet of Indian sweet, popcorns and peanuts.

Festival of Basant Panchami marks the onset of harvest and worshipping **Sarasvati**, goddess of knowledge. The children and the entire staff was dressed in yellow." Poha" a yellow colour ponded rice with vegetables was cooked by DIR-I HP's and nutritious high protein snack was served to the entire school and staff on this occasion. The celebration was enjoyed with songs and dances by children.

Republic day celebration was marked with the national flag and patriotic songs. Children were given drawing sheets to make a National flag. Indian sweet "Ladhoo" was distributed to each and every one who attended the function. This program was sponsored by **Mr. Mumtaz**.

नया गांव में लोहड़ी मनाई

नयागांव स्थित डेवलपिंग इंडिजेनस रिसोर्सेज (डीआईआर) में स्कूली बच्चों के साथ लोहड़ी मनाई गई। डीआईआर की सीईओ डॉ आशा कटोच ने बताया कि इस अवसर पर बच्चों को उपहार बांटे गए। उन्होंने बताया कि डीआईआर ने नयागांव के जनता कालोनी में शिक्षा और स्वास्थ्य की गतिविधियां चलाई जाती हैं। गरीब बच्चों को शिक्षा दी जाती है।



GUEST REMARKS- Beneficiary

Rinki



**House No.-1719
Adarsh Nagar**

I am Rinki living in Janta colony. We are blessed to have DIR-India in our colony as they provide us door to door service. I was extremely happy in my first pregnancy HP Sangeeta would come every month to check my BP and weight. I had no knowledge personally satisfied with their work and appreciate the hard work and consistency of the organization. They have the patience to listen to our problems and always provide us with the solution. We have learnt to control our blood pressures and obesity under their guidance. We have more faith in them than a doctor. My family followed their instructions during my first pregnancy as they used to come home every month to check my BP, weight and provided the list of a healthy diet. We are happy that they are providing their services at our doorstep.

- By Rinki

TOPPERS OF DIR-India in month of JANUARY

Medical Toppers: Vandana, Veena and Sushma Bisht grabbed the first position by scoring full marks (50 marks) in medical test.



VANDANA



VEENA



SUSHMA BISHT

Nutrition Toppers: Banita grabbed the first position by scoring 50 (out of 50), Sushma gained the second position by scoring 49.5, Sunita and Lata got the third position by scoring 49 each.



BANITA



SUSHMA BISHT



SUNITA



LATA

EVENTS IN DIR-India

BASANT PANCHAMI CELEBRATION:



We celebrated Basant Panchami on 22nd January with school children. It's a Hindu spring festival. The "yellow" is the dominant colour in this festival as it is associated with the light, prosperity and positive vibes and it is also associated with the mustard flowers that bloom during this season so most of the staff members and children were in yellow clothes. We offered prayers to "*Goddess Saraswati- the Goddess of Knowledge and Arts*". School children sang poems, songs and danced with zeal to the beat of the music. They were happy and enjoyed the event. At the end of the celebration, we served candies and poha which was relished by everyone.



REPUBLIC DAY CELEBRATION IN HYATT REGENCY:



Republic day is one of the most important national event for India and its citizens. 26th January 1950 is the day on which Constitution of India came into force. DIR has been celebrating this occasion since 2006. Hotel Hyatt invites the children of Janta Colony. This year 18 children from Basti between the age group of 8 yrs. to 15 years accompanied by senior staff and HP's went to Hyatt Chandigarh.

All the staff with children were in DIR Basti office by 7.30 AM. Hyatt vehicles arrived at 8 AM and drove them to the luxurious 5 star Hotel. It was like a dream come true. The pleasures of luxurious ambience took the children in the different world. All the children were in their best behaviour enjoying the hospitality of Hyatt staff and officials.

The Hyatt Hotel staff distributed tri-color band and Indian flags to generate the spirit of patriotism. We all stood proudly for our national anthem. During the celebration, we were served sweets and snacks. The most joyful moments of our lives to get a royal welcome followed by hospitality.



LOHRI:



Lohri is a winter Punjabi folk festival which is celebrated by Sikhs and Hindus in north India. It is traditionally associated with the harvest of the Rabi crops. We celebrated Lohri on 12th January with our school staff and our school children. Mr. Anil Jain had sponsored this event. We brought peanuts, chikies, popcorns. The health promoters mixed and packed all the snacks into the paper bags. DIR invites all the newborn to celebrate their first Lohri. At 11 am, we lit a fire, performed fire rituals and wished Lohri to each other. Then we danced with children on folk songs and distributed these packets to each and every participant who were present.



PRESENTATION ON SOCIAL ISSUES:

Shubham Bajaj is a second-year law student in ULS department of Panjab University who completed his one-month internship in DIR-India in the month of January. He gave a presentation to the health promoters regarding four major issues that are a threat to the society namely: **domestic violence, drug abuse, child marriage and female feticide**. He explained all these problems with various sections applied on them. He raised awareness regarding various types of domestic violence and the laws through which one can protect one self from any kind of loss including property. He generated awareness to all of us various government helpline numbers on which we can call during any kind of abuse.



Shubham during presentation

DETAILED INFORMATION OF PROJECT AREA

Total Number of Population	Male	Female
17,970	9,387	8,583
No. of Committee Meeting (4 in each HP's area)	51	
Total no. of People Attended Meeting	534	

Death Details of Project Area

HP Name	Age	Gender	Cause
Meenakshi	15 months	Female	Pneumonia
Sanjeev	40Years	Male	Alcoholic
Sanjeev	56 Years	Female	T.B
Lata	61 Years	Male	Respiratory disease
Lata	2 months	Male	Sudden death
Dimple	1 month	Male	Cardiac and respiratory
Sunita	60 years	Male	Natural death
Sunita	46 years	Male	Suicide
Banita	80 years	Male	Natural death
Sangeeta	49 months	Female	Due to burn
Sangeeta	60 years	Female	Cancer

Total No. of Children	Red Zone	Yellow Zone		Green Zone
1591	228	450		913
Number of Pregnant Mothers	Total No. Of Deliveries	Female	Male	Total No. of Birth
112	24	10	14	24

It is a matter of concern that we lost three children under five, one neonate (1 month), infant (2 months) and one child(15 months) in our area in the month of January 2018.

VISITORS

Kusum Nehra, a Community Development Officer from Punjab Heritage and Tourism Promotion Board visited DIR and had a meeting with the CEO. They have suggested to start activity classes which would be an interesting and creative step for DIR Tailoring project. These classes are scheduled in the second week of March 2018



Kusum Nehra

Ms. Swati, who is a friend of CEO (Dr. Asha Katoch) visited DIR to know about the project. The Health Promoters had an introduction session with her and told her about our aim and work. She was extremely impressed and appreciated our work and she has given assurance to DIR in fund raising.



Ms. Swati

Mrs. Abha Chaudhary along with her team of six ladies came to hold a workshop on personality development on 16/1/18. We had an audience of 30 ladies. This was a big success as women of basti were made to understand to respect your own self first only then the world will respect them. **Abha** assured us that she and her team will offer their services to Janta colony once in two months



Mrs. Abha during presentation

DEPARTURE

In the month of January our employee **Ms. Jadvinder Kaur** who worked as a Secretary left this organization on 31st January. She had served this organization for more than one year with dedication and hard-work. We wish her good luck for her future.



Brilliant Minds at Work

