DEVELOPING INDIGENOUS RESOURCES

India

THOUGHT OF THE MONTH

An entire water of sea can't sink a ship unless it gets inside the ship. Similarly, negativity of the world can't put you down unless you allowed it to get inside.

DEVELOPING INDIGENOUS RESOURCES

CONTENTS

- CEO'S MESSAGE
- IMMUNIZATION PROGRAMME
- INCOME GENERATION ACTIVITY
- MY STORY
- CHILD ACTIVIST PROGRAMME
- NUTRITION TRAINING
- NUTRITION IMPROVEMENT PRIORITY PROGRAMME
- RED ZONE CHILDREN DATA
- MOTHER'S HEALTH
- SCHOOL WITH A DIFFERENCE
- DETAILED INFORMATION OF PROJECT AREA
- GUEST REMARKS FROM BENEFICIARY
- TOPPERS OF DIR INDIA
- EVENTS
- CONTACT INFORMATION
- ORGANIZATION INFORMATION

CEO'S MESSAGE

Developing Indigenous Resources India (DIR-I) has achieved high standards both in education and medical program. I am grateful to the entire DIR-I family for their sincere efforts and commitments. Their achievements are commendable despite the financial crunch and it gives me immense pleasure to mention that the program is running with full zeal and motivation.

It is commonly said that in difficult times, very often, some angels are sent to rescue you out from sinking situation. For DIR-I the help came from a few friends and family who adopted a number of children by contributing financially or in kind by giving rations for the Nutrition Improvement Priority Program (NIPP). This helped to sustain the NIPP Program tremendously.

We are grateful to our board member Ms.Shashi Prabha, IPS who introduced DIR-India to Mr.Sukhi Chahal, NRI based in the USA. He is the Chairman and CEO of Punjab Foundation and owns a software company in Silicon Valley. Mr.Sukhi Chahal visited DIR-I in the first week of May 2018. He was impressed by the standard of education of the children, their discipline, hygiene, and their confidence in projecting their talent at the School With A Difference (SWAD). It was a pleasant surprise to see these images captured in a video broadcasted on a Youtube channel, all done by Mr.Sukhi Chahal. This was accompanied by a beautiful write up projecting the image of DIR-I in media. We are grateful to Punjab Foundation who would like to collaborate with DIR-I for the social cause. I am extremely grateful to Mr.Sukhi Chahal for recognizing the good work of DIR-I and promoting its image on Youtube.

Dr.Kulranjan Singh, M.D, MsH, Endocrinology and Associate Professor in King George's Medical College & Hospital, Lucknow, UP accompanied by Mr.Shahved Katoch, software engineer and developer visited DIR-I in May 2018. They spent time at the school interacting with the children and were both fascinated by the lesson plan and teaching technique being implemented at SWAD school. The standard of education is believed to be in power with all public schools of Chandigarh.

Dr.Kulranjan and Shahved took a brief introduction of the medical program with each Health Promoter(HP). They were impressed by the statistics given by each HP of their respective area.

This experience changed Dr. Kulranjan's poor opinion of NGO's in general. He remarked in his introductory speech to the staff that DIR-I was certainly working for the upliftment of the underprivileged both in education and health program. He also commented that the quality of work and standards achieved were remarkable.

Dr.Kulranjan and Shahved, have both adopted one child each from the NIPP Program by making a financial contribution. Dr.Kulranjan promised to share this experience with his friends in Lucknow, with the hope to help generate funds for the organization. Shahved is helping and assisting the organization in multiple ways. Our compliments to both of them for their encouraging words and boosting the morale of DIR-I staff. We are grateful to Shahved for training the office staff in software and improving the computer skills.

On 29th May Dr. Siva MD Psychiatry, a senior consultant in Psychiatry Hospital in Bangalore and Dr.Gauri Priya MD Pathology
paid a surprise visit to the Janta Colony office (DIR-I project area). and saw the complete program. Dr.Siva guided us to identify mentally challenged individuals in Janta colony so that we could help and guide them to take benefits of the different type of schemes which are recently launched by the current Government. DIR-I will be working on it. As per Government order issued in January 2018, such patients are given free treatment, free medication and financial support for their day to day living. We are grateful to Dr.Siva for helping and guiding us.

Mr.Shamsher Singh Sandhu, board member of DIR-I, along with his office team Tanvi and Nitika Garg visited DIR-I in May 2018. We thank them for bringing goodies for all the children at SWAD. This brought a lot of excitement and joy amongst the little ones. DIR-I would like to thank Mr.Shamsher Singh Sandhu for his financial contribution and support to the organization.

I would personally like to thank all the above-mentioned visitors and philanthropists without whose support and words of encouragement this organization would not have been able to surpass all the obstacles and sustain the organization's activities.

IMMUNIZATION PROGRAMME

Every Wednesday is designated as immunization day in collaboration with Punjab Government Health Services. A team of 3 doctors and Para-Medical staff of Homeopathic Medical College and Hospital of Sector-26 Chandigarh did four medical camps in the month of May.

- **HOMOEOPATHIC MEDICAL CAMP**:
  - Total patients =117
  - Number of children=46
  - Number of females=71

- **COMMON AILMENTS IN CHILDREN**: Loss of appetite, Diarrhoea (due to polluted water)
- **COMMON AILMENTS AMONGST FEMALES**: Joint pain, Diarrhoea, Fever.

- **Dr.VeenaParmar**, Paediatrician ran a Paediatric OPD for all children who need special medical attention from 11:30 a.m. to 1:00 p.m. on 16 May 2018.

THE FOLLOWING VACCINATIONS WERE GIVEN DURING MAY 2018

VACCINATIONS FOR CHILDREN		VACCINATIONS FOR PREGNANTS	
SHOTS	DOSES	SHOTS	DOSES
BCG	0	TT BOOSTER	2
PENTA 1 +IPV	18+18	TT 1	12
PENTA 2	12	TT 2	13
PENTA 3 +IPV	18+18	-	-
MEASLES 1	7	-	-
MEASLES 2	8	-	-
DPT BOOSTER	8	-	-
DPT 5 YEAR	10	-	-
TT 10 YEAR	3	-	-
TT 16 YEAR	5	-	-

TOTAL IMMUNIZED= 152
UNIMMUNIZED= 0

IMMUNIZATION STORY (BY HEALTH PROMOTER SANJEEV)

I have a family in my unit who lives in house number 292, block - A Janta colony (own house). There are 6 members in this family. Sunil is the father 32 years, Manisha is the mother 26 years, grandmother and three children Vansh 4years, Arav 2years and Astha 6 years. This is a story of the family avoiding vaccination of the children. Both parents are working. The mother works as a maid and the father is a sweeper in PGI. The total income of the family is 10,000 per month.

When we started weighing their sons, the elder son was 58 months and the younger son was 26 months. As per the information provided by the grandmother, the two boys had taken three doses of Penta vaccination. We were keen to know the entire immunization history and also see the records. Whenever HP Sanjeev visited them and asked them about the immunization card, the grandmother would make some excuses thus avoiding the conversation. The standard story given by the old lady was that both the parents of the children are working and she's not aware where the immunization card is kept. Twice a week we use to visit this family with the senior staff (Dietician) and

other colleagues. Fortunately one day during our field visit we found the mother at home. Mother too was shying away but we managed to motivate her. To our surprise children were not immunized at all. Manisha was counselled for 30 minutes and convinced her of the importance of immunization against diseases thus protecting children for lifelong. Finally, the mother agreed to the vaccination. Ignorance and illiteracy were the main for avoiding immunization. Their belief is that their ancestors never took any vaccination and still they lived well so where is the need for vaccination. But regular visits and perseverence, the family started valuing the importance of immunization. Now the mother is bringing the two sons to DIR for complete immunization.

INCOME GENERATION ACTIVITY

NUMBER OF STUDENTS: 21

SYLLABUS FOR STITCHING: JEAN TOP

TIMINGS:

- 10:00 a.m. to 1:00 p.m. (Morning shift)
- 3:00 p.m. to 5:00 p.m. (Evening shift)

MY STORY

I am Swati, w|o Harpreet Singh Nurpuri joined Developing Indigenous Resources India as a dietician on 19th Feb 2018. I am a mother of six years old daughter named Gitanjali. My father, Mr. Rashpal Singh is a retired army officer and my mother, Sudesh is a housewife. I have one younger brother who is a civil engineer in Noida. My husband, Harpreet is forex manager in Indus Ind bank Chandigarh. I completed my graduation in food science and microbiology in 2010 and immediately after graduation got married. I became a mother in 2011. I chose to dedicate my time to child-rearing, as my priority was in the upbringing of my daughter and taking care of my family. In spite of all these commitments, I never gave up on my dream of becoming a successful Dietitian. When Harpreet got transferred to Chandigarh in 2015, he and my family motivated me to pursue my studies and do Post graduation. I was keen but not sure of my capabilities as there was a break in studies for more than four years. Thanks to my family that I completed my Masters in nutrition and dietetics from Punjab University and stood first in 2016-2017 batch. I am very grateful to God Almighty and to my family who gave me support and strength to fulfil my dreams. I completed my internship and training for six months from PGIMER, Chandigarh. During my training, I learned about the vacancy of the dietitian in DIR-INDIA from my college Professor. I contacted Dr. Asha Katoch and without wasting a moment, I accepted the offer. Being a community Dietitian I am passionate about my work and it is an honourable job. It builds good community relations and gives a sense of satisfaction. I am very grateful to DIR-INDIA for giving me this platform where I am fulfilling my dreams and serving for the betterment of our country. India needs such type of programs as malnutrition and ignorance is the major cause of high IMR and MMR. We all as a team are working hard both in academics, field work and committee meetings to generate awareness and bring down the red zone category children by personally monitoring their weight. I am certain with dedication and perseverance we will achieve our goal of bringing down the red zone category children under five years of age.

CAP: CHILD ACTIVIST PROGRAM

In May, DIR-I made children aware of dehydration and dengue. There was a case of dengue in Haryana which was reported in the media, hence we decided to take dengue as one of the topics in the Child Activist Program (CAP). In the summer season, we generally choose topics which are related to ailments commonly suffered by the slum dwellers due to flies and mosquitoes. As a result, there is a high risk of dengue.

All children were educated and made aware of dehydration and dengue. H.P's taught kids about the importance of water and its various functions in the body. Blood which is 90% water is the carrier of oxygen and nutrients throughout the body and in summer due to sweating, nausea, vomiting there is a loss of water from the body. To compensate for this loss, our body needs to be hydrated. We taught them how to make ORS (oral rehydration solution) at home, to drink more fluids like coconut water, diluted lassi or yoghurt, and eat fruits and vegetables which are a rich source of water like cucumber, melon, etc

The young boys and girls were given lessons on the importance of water and nutrients through an activity. In this activity, we took 8 thermocol glasses and 2 lightweight plastic balls. We divided kids into two teams and kept water-filled glasses in two equal rows. Kids were told to come one by one from their respective teams and blow the ball with a

mouth from one glass to another carefully allowing it to pass from one glass to the other without making it fall on the table. During the entire game, water kept spilling from glasses and H.P's filled them again with water again. Through this activity we taught children that glass is like our body, the ball is nutrients and water in the glass is like fluids in our body. We told them that when there is enough water in our body, nutrients transport easily from one part to another same as the ball was moving from one glass to the another. On the other hand, if there will be dehydration it will lead to various problems and nutrients won't be absorbed easily in our body.

Along with this activity we taught kids about precautions and preventive measures against Dengue like taking care of oral hygiene and cleanliness in surroundings, no still water in coolers, streets, pots etc as this water is breeding ground for mosquitoes. They should use mosquito repellents like coil, mats, cream when playing outdoors.
Along with this, we taught them to prepare wall hangings with waste paper and plastic bottles. Kids also participated in outdoor games like khokho, skipping ropes, football etc.

This month total 185 kids participated in CAP Activity, out of which 101 were girls and 84 were boys. We are hopeful that the knowledge and education we have shared with all the Basti children will be spread to most of the families of Janta Colony if not all.

NUTRITION TRAINING REPORT

"*Let food be thy medicine and medicine be thy food*" - HIPPOCRATES

In the month of May, we upgraded the academic part by introducing new topics on alkaline food, pH and its relation with our body fluids i. e how to maintain balanced pH via healthy, organic and unprocessed food sources.

Nutrition test was conducted on 15th May in which HP Vandana, Lata, Banita, and, Sunita scored full marks i.e 50/50 while rest of the H.P' s scored above 90%. The scorecard was quite satisfactory and we (dietitians) are constantly working on how to improve their basic knowledge to practical implementation and also guide them with practical the examples in fieldwork.

Our focus is on low cost, high calories and protein-rich diet. On 22nd May we gave a nutritional demonstration on Dahi -Bhalle. Dahi Bhalla is an Indian snack with different names in different parts of the country. In south India, it is called WADA and it is in shape of a donut. It is served with Dahi(curd), green (mint) chutney, ketchup etc. It is made from smoothly grounded batter of split urad(dehusked) dal soaked in water overnight. Before grinding the dal (lentil) is allowed to the ferment.

To make it innovative, we add coriander, curry leaves, and grated vegetables like a carrot to make it more appealing and nutritious for kids. This lentil batter is deep fried in the shape of balls. This snack is, full of calories, proteins, calcium (from curd) and is filled with the goodness of micronutrients from vegetables.

NIPP STORY BY HEALTH PROMOTER MRS. MEENA

In my area, there is a family where both husband and wife need repeated counselling and personal monitoring. The man Harilal 23 years of age is a gardener and wife Shanti 21 years is a housewife. They belong to Uttar Pradesh. In 2016 after marriage they moved to Janta Colony. They have 1 year 2 months baby girl named Subhi who is severely malnourished. Subhi was born in village Hospital, it was a normal delivery without any complication but the baby was underweight. This family shifted to my area in the month of November in one room rented a set. When I first examined Subhi she was weighing only 5 kg, which is much less than her ideal body weight. December after close monitoring, Surbhi gained one kg weight but after that, her weight remained constant for 2-3 months. Shanti is careless and casual towards her own health and equally irresponsible towards Subhi's health. Shanti's own weight is only 39 Kg. Shanti is pregnant and carrying her second child Both Mother and daughter are in the underweight category. I informed our dieticians about Shanti's careless attitude towards her own health and her daughter Surbhi's malnourished status as she is in high priority zone. Both Swati Ma'am and Anjali Ma'am on different days accompanied me to Shanti's house for repeated counselling and advice on health awareness to Shanti. .Both the Nutritionists took a personal interest and helped me to change the thinking of Shanti by visiting her house and counselled her on health care during pregnancy, medications and the importance of immunization for pregnant mothers and children. Shanti by nature was rigid and defiant towards health care. She would give all kinds of excuses to prove her point. After repeated follow-up and close monitoring, we succeeded in changing the thinking of Shanti. We included her and her daughter Subhi in our NIPP Program as the financial condition of the family is poor.

It is heartening to see the progress that within one month under NIPP, Shanti has gained 1kg weight and is now 39 kg(which had gone down to 38 Kg.) and her daughter Subhi's weight has also increased to 7kg from 6kg (which was constant for last 3 months). We are so pleased to see the progress in the health of both mother and child within one month of the introduction of NIPP diet. My special thanks to Anjali and Swati Ma'am to assist me in changing the mindset of Shanti towards her own health and Subhi's health. I am certain her next child in the womb will be a healthy child as she has become more responsive towards health and hygiene.

STATISTICS OF RED ZONE CHILDREN IN OUR PROJECT AREA

Age in Months	Number Of Children	Percentage
0-12	35	2.28
13-24	31	2.02
25-36	47	3.06
37-48	52	3.39
49-60	43	2.80

TOTAL NUMBER OF RED ZONE CHILDREN = 208

MOTHER'S HEALTH GOOD STORY (BY HEALTH PROMOTER VANDANA)

In my area, there is a pregnant woman named Sangeeta who is 26 years old and her husband Sonu is 32 years old. Sangeeta is suffering from hypothyroidism. It was detected before her second pregnancy and that time she was taking Ayurvedic medicines for its treatment. Sangeeta and Sonu are from Saharanpur, U.P but they both have been brought up in Mohali, phase 2. They got married in 2011 and now they live in a two-room rented apartment in Janta colony. Sangeeta got pregnant in the first month of marriage and she chose to abort the baby by taking oral pills. It was an incomplete evacuation so she was admitted to Sector 22 Government Hospital where she was treated. Her first delivery took place in 2013, it was a normal delivery in government hospital sector 16 Chandigarh. The baby was healthy with the body weight of 2.8kg.

In 2016 Sangeeta was diagnosed with Hypothyroidism. She chose to take Ayurvedic treatment for Hypothyroidism. Sangeeta had no knowledge of the ailment She was not regular with her medication. Last year in 2017, she was pregnant with her second child and almost a year before second pregnancy, she was diagnosed with hypothyroidism. During this pregnancy, she stopped Ayurvedic medication and started taking allopathic medication after the advice from her gynaecologist. Sangeeta knew nothing about hypothyroidism and she was irregular with medication and was eating an unhealthy diet which affected her health.

During my field visit, I got to know about Sangeeta's unhealthy eating habits and she was more on processed and refined food, sugary foodstuff. I counselled her about hypothyroidism; the importance of taking medicine on time and with a healthy diet one can control hypothyroidism. Sangeeta was amazed and extremely grateful to HP Vandana for sharing the knowledge about hypothyroidism. She started taking Medicine on time with a healthy and appropriate diet her health status improved and her pregnancy progressed normally. Sangeeta is grateful to DIR-India for their personal guidance and regular health check-ups

STATISTICS OF PREGNANT MOTHERS AND NEWBORN DELIVERIES

Pregnant Mothers Last Month	No of Delivery	Births		Mothers who Moved		Still Born	Miss-carriage	Abortion Medically Termination		Newly-Pregnant		Trimester			Pregnant mothers this month
		M	F	Temporarily	Permanently					Arrived	Conceived	1	2	3	
111	11	06	06	15	5	1	0	0	0	1	9	4	48	52	104

SCHOOL WITH A DIFFERENCE (SWAD)

This month our SWAD children learned about the importance of friendship. *"FRIEND IN NEED IS A FRIEND INDEED".* A friend who helps out when we are in trouble is a true friend -unlike others who disappear when trouble arises.

The activities conducted for students were making Caterpillar, Ladybird, Flower pot with colourful clays and the students also learned how to make table lamps, smiley faces and butterfly out of clay. Students showed great enthusiasm and were very excited while performing the clay activity.

The SWAD teachers also gave holiday homework for summer vacations i.e. 1 June 2018-30 June 2018 and the school will reopen on 2 July 2018.

MOTHER'S DAY CELEBRATION

Mother's day was celebrated on 11 May 2018 by SWAD teachers and other staff of the organization. The competition was conducted for mothers of SWAD students for making **"NUTRITIOUS DELICIOUS RECIPES"**. A number of mothers enthusiastically participated in cooking competition and made various recipes such as Black chana chat, healthy grilled sandwiches, Chat papdis, veg macaroni, fruit chat, Dahi Bhalla and many more yummy recipes. These recipes were inspected by our Nutritionists and they praised all mothers for making healthy dishes and they also counselled the mothers about the nutrition and importance of a healthy diet.

After the competition, the students sang poems and danced along with their mothers. The environment was full of joy and love and everyone enjoyed a lot. The mother's day celebration was closed after the speech of Brig. DC Katoch. He addressed the mothers about hygiene and sanitation of kitchen and bathrooms. Also, he asked mothers to keep their children away from mobiles. This way we celebrated mother's day with great enthusiasm.

GUEST REMARKS FROM BENEFICIARIES

This is the story of a family of 7 members living in Janta colony in H.No 1708. In this house, there are 3 elderly people, 2 female, and 2 children. I am the HP in charge of this area thus visited the house every month to weigh the kids. The elder daughter Yashika is 59 months old and the younger brother Shiva is 28 months of age. The Father, Sachin is a supervisor in PGI and the Mother, Manisha is a housewife. Grandfather and grandmother both are working as House attendant in PGI and their uncle is a clerk in a bank. The income of her father is 13,000 per month. Yashika did her nursery class from DIR in (2015-2016). She is an intelligent girl always scores A grade in studies. The brother Shivay is suffering from congenital heart Disease ASD and VSD. Shivay is underweight due to a poor heart condition. The mother, Manisha has BP and High cholesterol problem. Whenever I visit their house, they appreciate our work and constantly seek guidelines for maintaining good health. Our dietitian has counselled the whole family and given them expert advice on healthy eating which the family is following religiously. They praise DIR-I work and whenever they need any help they consult HP Dimple for advice and guidance. They are thankful to DIR –I for their better health and better lifestyle.

DETAILED STATISTICS OF PROJECT AREA

TOTAL NUMBER OF POPULATION	17972
NUMBER OF MALES	9400
NUMBER OF FEMALES	8572
NUMBER OF COMMITTEE MEETING	49
TOTAL NO. OF PEOPLE ATTENDED MEETING	561

TOTAL NO. CHILDREN	RED ZONE	YELLOW ZONE	GREEN ZONE
1531	227	455	849

NUMBER OF PREGNANT MOTHERS	TOTAL NO. OF DELIVERIES	FEMALE	MALE	TOTAL NO. OF BIRTH
104	11	06	06	12

DEATH DETAILS			
HEALTH PROMOTER	**AGE**	**GENDER**	**CAUSE**
SushmaBisht	7 Month	Male	Congenital abnormality. Death in Village
SushmaBisht	25 Years	Female	Due to a kidney Failure
Meena	65 Years	Male	Due to a brain hemorrhage
Banita	38 Month	Male	Death in Village H/O Diarrhea & Vomitting
Sangeeta	65 Years	Female	Cardiac arrest

VISITOR'S REPORT

On 15th of May 2018, Sukhi Chahal (NRI-USA) Chairman and CEO of PUNJAB FOUNDATION) and owner of Software Company in Silicon Valley paid a visit in DIR-India Basti office and interacted with SWAD kids. He played with them and also shared lunch box. He interacted with school teachers and was amazed at the confidence level of Basti children studying in SWAD. He promised to assist whatever help is needed for the betterment of these underprivileged kids. He had a discussion with senior medical staff, tailoring team, health promoters and shared his life experience with them. He motivated health promoters and appreciated their hard work.

On 22 May 2018, Dr.Kulranjan Singh MS and DM Assistant professor in Department of Endocrine surgery in King Georges Medical College Lucknow, along with Mr. ShahvedKatoch son of Dr. Asha Katoch paid a visit to DIR-India basti office. They both interacted and played with SWAD kids, had a conversation with school teachers. They were introduced to medical and tailoring team. Dr.Kulranjan was surprised and thankful that he had a chance to see the ground reality of people who are actually working hard for the betterment of underprivileged children and poor people, which changed his view regarding NGO's. Mr. Shahved, who is software engineer and developer, guided medical staff about new technologies in software and how to upgrade and utilize it in office work to decrease paperwork and increase the efficiency of work through software skills. We are grateful to Dr.Kulranjan Singh and ShavedKatoch for adopting our NIPP child. Our special thanks to ShavedKatoch for loaning money to DEVELOPING INDIGENOUS RESOURCES INDIA to keep this good work going.

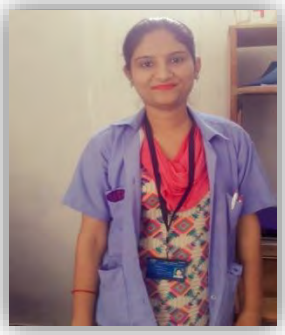
On 24th of May 2018, our new Board Member of DIR-India, Shamsher Singh Sandhu along with his two female staff members Tanvi and Nitika paid a visit to basti office, had interaction with SWAD children and senior medical staff along with health promoters. Mr. Shamsher Singh Sandhu shared his life experiences and felt obliged to be part of DIR-India which is genuinely working towards the social cause. On 30th May 2018, Dr. Shiv Kumar who is a psychiatrist along with his wife Dr.Priya visited the basti office and interacted with the medical team. Dr.Priya is doing a fellowship in Nephropathy in the Department of Pathology in PGIMER, Chandigarh. Dr. Shiva guided Dr.Asha on Government schemes for mentally challenged cases. Dr. Asha will be working on this for all cases of Janta colony and get the benefits of Government schemes. We are grateful to Dr.Shiva for the help and contribution towards DIR-India.

TOPPERS OF DIR INDIA

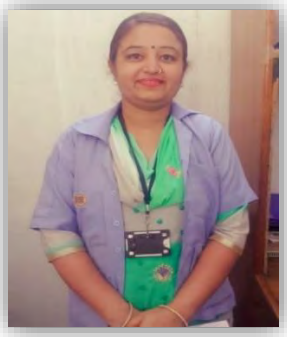
NUTRITION TOPPERS: Lata, Banita, Sunita, and Vandana secured the first position by scoring 50 /50 marks. Meena and Meenakshi stood second by scoring 49.5 out of 50 marks.

MEDICAL TOPPERS: Banita and Meenakshi grabbed the first position in the medical exam by scoring 50/50 marks and Lata stood second by scoring 49.5 out of 50 marks.

BANITA



MEENAKSHI



LATA

MEENA

SUNITA

VANDANA

NEW FACES

Pinky 18 years old and Parveen Kumari 24 years joined DIR ON 29 May.

Pinky is very quiet, calm and also dedicated towards fieldwork and academics.

Parveen is very intelligent and focussed.

PINKY

PARVEEN

DEPARTURE

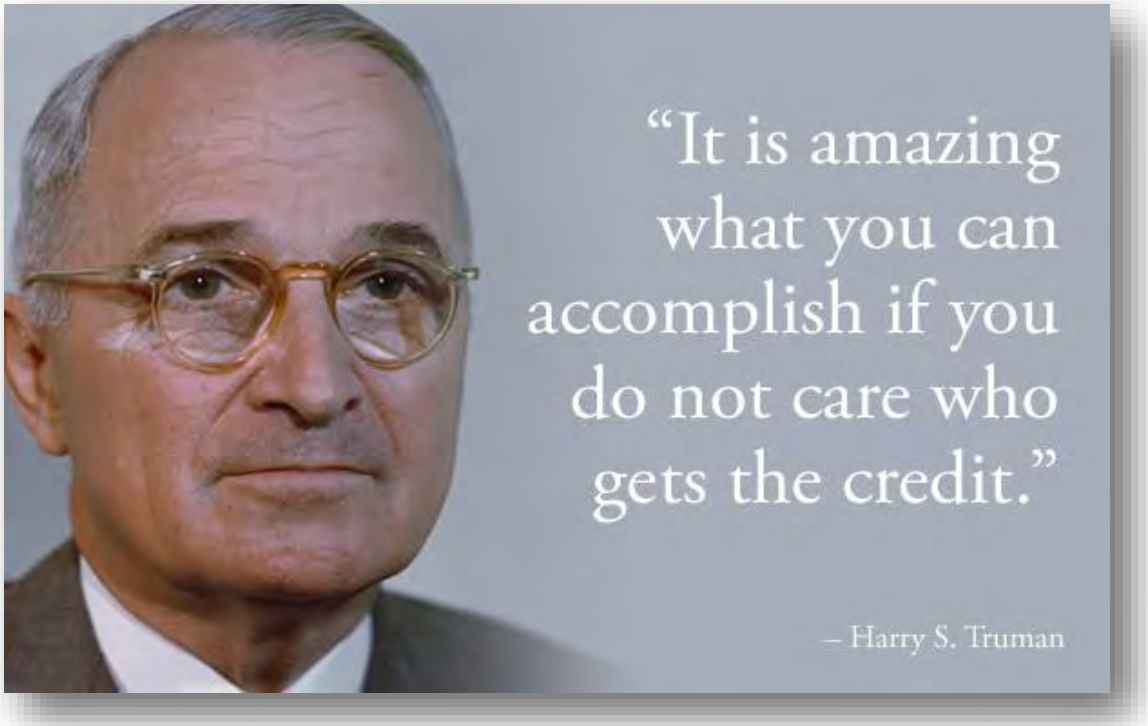
In this month Mrs. Natasha who worked as a nutritionist in DIR INDIA for 9 years and Health Promoter Vandana has worked for 2 years in our organization has left on 15 May 2018. Both the employees served the organization with dedication and hard work. We are grateful to both of them and wish good luck for their future.

VANDANA

NATASHA

CONTACT INFORMATION

	NAME TEL.NO. EMAIL	Dr.ASHA KATOCH (+91) 9478866412 drashakatoch6412b@gmail.com ceo@dir.ngo



Thank You