



# DIR

Developing Indigenous Resources



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# CEO's REPORT

August in India is known for its two significant dates, one marking the celebration of Indian Independence and other for its religious festive celebration. Independence Day is celebrated on 15<sup>th</sup> august and Janmashtami on 24<sup>th</sup> august, both are awaited with equal vigor by the children and the adults as the children get to participate and present various events, and adults get respite from working, and enjoy the holidays.



This august 15<sup>th</sup>, marked India's 73<sup>rd</sup> Independence Day, which was celebrated by Dir, staff and the students with equal zeal and enthusiasm.



Mr. Arjun Kamboj, Director of Ministry of skill and development graced us with his presence as the chief guest, Dr. Usha, Medical Officer from Punjab Health Department, senior officials of State Bank of India, other dignitaries from private companies and the parents of the students made up the audience. The students presented various adorable performances which included poem recitation, and a dance number. The nursery and kindergarten children won the hearts of the audience with their coordinated and delightful performances. The event ended on a high note as the health promoters presented a stunning performance on a patriotic song, awakening the feeling of patriotism and reminding us of the sacrifices which makes the freedom we enjoy today a possibility.

Our work as a non-profit organization, also associated with bringing social economic progress in destitute and low economy groups makes us no stranger to unfortunate situations brought on mainly by the ignorance and illiteracy. The recent case that we encountered is of an undiagnosed 5 month pregnancy in 46-year-old woman, belonging to the basti, wife of a rickshaw puller, who presumed to have reached menopause as she did not get her menstruation for past 6 months. Her last conception and childbirth were 13 years ago. She noticed her abdomen getting bigger and came to Dir, to get assessed. On examination we found her to be 5 months pregnant. She previously has 3 children, eldest 22 years of age, middle 17 and the youngest is 13. Her eldest is getting married soon. The news of pregnancy was an unwanted surprise to her. We calmed her down and counselled her accordingly. We also issued her supplements and included her in NIPP, as she belongs to a poor family. We further referred her to Post Graduate Referral and Research Institute, Chandigarh for further expert opinion and regular check-up.



Lastly, it gives me immense satisfaction to see our organization bringing out, growth and awareness to its local population of Janta colony, as reflected by its visible growth. But the floating population of Safeda colony, specifically the community which resides in one room rental sets, is where we still encounter unfortunate cases and situations and are striving to achieve better results.

# IMMUNIZATION PROGRAMME

Every Wednesday, DIR-INDIA in collaboration with Punjab Government Health Services organize Immunization day camps at DIR, India Adarsh Nagar, Nayagaon.

## THE FOLLOWING VACCINATION WERE GIVEN IN AUGUST 2019

VACCINATION FOR CHILDREN		VACCINATION FOR PREGNANT	
SHOT	DOSE	SHOT	DOSE
BCG	0	T.T 1	9
PENTA 1+IPV	10 + 10 + 10(Rota virus)	T.T 2	10
PENTA 2	21	T.T BOOSTER	0
PENTA 3+IPV	9 + 9		
MR 1	23		
MR 2	19		
DPT BOOSTER	19		
DPT 5 year	11		
DPT 10 year	1		
DPT 16 year	0		

**TOTAL IMMUNIZED= 141**

**UNIMMUNIZED=1**



\* (Only one child from HP Sushma Bisht's area wasn't immunized this month, as his parents have just shifted to this basti.)



# HOMEOPATHIC MEDICAL CAMPS

A team of 3 doctors and Para-Medical staff of Homeopathic Medical College and Hospital of Sector-26 Chandigarh did two medical camps in the month of August 2019.

## **HOMEOPATHIC MEDICAL CAMPS:** 2

- Total number of Patients = 24
- Number of Children= 18
- Number of Females=6

**COMMON AILMENTS:** Menopause, Leucorrhea and Arthritis, joint pain, acne, backache, cold, fever, body pain, piles, hypertension, hyper pigmentation, anorexia.



# NUTRITION TRAINING

This month for nutrition recipe demonstration, Nutritionist Anjali presented a recipe of Moong Dal Halwa, based on low cost high calorie and high protein diet.

- Date of nutritional demo: 26TH AUGUST 2019
- Name of the dish: **HIGH CALORIE HIGH PROTEIN AND CALCIUM RICH MOONG DAL HALWA**
- Ingredients- Ghee (clarified butter), Moong dal, dry fruits, milk, grated coconut.





# NUTRITION IMPROVEMENT PRIORITY PROGRAMME

NIPP ATTENDANCE	
AGE GROUP	NUMBER
0-12 Month	2
13-24 Month	7
25-36 Month	13
37-48 Month	15
49-60 Month	8
Lactational	7
Pregnant	3
Above 5 years of age	1
<b>TOTAL</b>	<b>56</b>
<b>Weight gain</b>	<b>17</b>
<b>Weight loss of the children</b>	<b>27(due to illness)</b>
<b>Same weight</b>	<b>12</b>
<b>New Children</b>	<b>18</b>



# RED ZONE CHILDREN STATISTICS

Age in months	Number of children	Percentage
0-12	15	1.1%
13-24	35	2.5%
25-36	35	2.5%
37-48	45	3.3%
49-60	33	2.4%
Total number of kids = 1356		
Total number of red zone children=163(12%)		
Red zone children who have gone to their villages=9(0.6%)		



# STATISTICS OF PREGNANT AND NEW DELIVERIES

LAST MONTH PREGNANT	NO. OF DELIVERIES	BIRTHS		MOTHERS WHO LEFT BASTI		INFANT DEATH	MISCARRIAGE	ABORTION / MEDICAL TERMINATION	NEWLY PREGNANT	TRIMESTER			THIS MONTH PREGNANT IN THE BASTI
		MALE	FEMALE	TEMPORARILY	PERMANENTLY					FIRST	SECOND	THIRD	
90	22	12	10	4	10	0	0	0	27	5	45	35	85



# SCHOOL WITH A DIFFERENCE

This august the children of SWAD, along with their studies, were busy with preparation of various activities associated with Independence Day as well as Janmashtami celebrations.

- **RAKHI MAKING ACTIVITY**

The tiny tots also indulged in the fun activity of Rakhi making, where they showcased their creativity under the supervision of their teachers.





## Independence Day celebration

The children enthusiastically prepared for the event, which was held at Nyangoan Hall. Mr. Arjun Kamboj, Director of Ministry of skill attended the celebration as the chief guest the children and the health promoters both actively took part in the celebrations and presented various poetry and dance performances. The performances paid the ode to the sacrifices of our soldiers and spread the wave of patriotism in the best way possible.



**JANMASHTAMI CELEBRATIONS:** On the auspicious eve of Janmashtami DIR-India conducted small celebration here at DIR-headquarters. The children recited a charming poetry, followed by a dance performance and lastly with a delightful fashion show by the LKG, and UKG, which left the audience gasping in awe. The event ended on a high note as Dr. Asha Katoch addressed and applauded the efforts and enthusiasm with which the event was presented.





# DETAILED INFORMATION OF MEDICAL PROJECT

TOTAL NUMBER OF POPULATION				17648
NUMBER OF MALES				9160
NUMBER OF FEMALES				8488
NUMBER OF COMMITTEE MEETINGS				48
TOTAL NUMBER OF PEOPLE PRESENT FOR THE MEETINGS				639
RED ZONE CHILDREN	YELLOW ZONE CHILDREN	GREEN ZONE CHILDREN	TOTAL NUMBER OF CHILDREN	
163(9 gone to village)	409(42 gone to village)	664(69 gone to village)	1356	
NUMBER OF PREGNANT MOTHERS	TOTAL NUMBER OF DELIVERIES	MALE CHILDREN	FEMALE CHILDREN	TOTAL NO. OF BIRTHS
85	22	12	10	22



# CHILD ACTIVIST PROGRAMME

This program aims at educating the children of basti between the age group 7 to 15 years old, on various topics and includes sport and fun activities to stimulate both physical and mental growth.

➤ This month health promoters covered various topics like:

- ☐ Fever
- ☐ Dengue
- ☐ Rakhi making
- ☐ Sports activities like Kho-Kho





# DEATH DETAILS

This month we had four deaths out of which one was a natural death.

For the other causes, we made sure that the health promoters discussed both Diabetes and Asthma in the community meetings, to educate them about prevention and to promote early intervention.

HEALTH PROMOTER	AGE OF DECEASED PERSON	GENDER	CAUSE OF DEATH
VEENA	30 YEARS OLD	MALE	MURDERED
VEENA	48 YEARS OLD	MALE	DIABETES
DIMPLE	102 YEARS OLD	FEMALE	NATURAL DEATH
DIMPLE	70 YEARS OLD	MALE	ASTHMA

# TOPPERS OF DIR INDIA

As usual our health promoters continue to excel in their academics, making us proud of their achievements.

➤ **Top three achievers of monthly nutrition tests**

SHP Banita and HP Lata scored full marks while HP Muskan scored second highest i.e 49.5/50

➤ **Top three achievers of monthly Medical Test**

SHP Banita scored full marks while SHP Meenakshi, Meena, HP Muskan scored 48.5/50



**SHP BANITA**



**HP LATA**



**HP MUSKAAN**



**SHP MEENAKSHI**



**FC MEENA**

# VISITORS

**This month we had the pleasure of hosting various officials.**

★ On Independence Day:

- Mr. Arjun Kamboj (Director of Jan Shikshan Sansthan Chandigarh, Ministry of skill development and Entrepreneurship) arrived at the event as the chief guest.
- Mr. Shamsheer Sandhu (Board Member)
- Miss. Tanvi Mendiratta (
- Miss. Alka Thakur (chief manager of SBI, PEC branch)
- Mr. Rajinder Kumar (
- Miss. Shakti Sharma (chief manager of SBI, SECTOR 9 branch)
- Mrs. Tejwinder Kaur (
- Mr. Mukul Rawat (New chief Manager of SBI, sec 9 branch)



# OUR TEAM





# CONTACT INFORMATION



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