



## CONTENTS

- **◆ IMMUNIZATION PROGRAMME**
- ◆ NUTRITION IMPROVEMENT PRIORITY PROGRAMME
- **◆ RED ZONE CHILDREN DATA**
- **◆ MOTHER'S HEALTH**
- ♦ STATISTICS OF PREGNANT AND NEWBORN DELIVERIES
- **◆ INCOME GENERATION ACTIVITY**
- **◆ SMART- SCHOOL WITH A DIFFERENCE**
- ◆ DETAILED INFORMATION OF MEDICAL PROJECT
- **◆ CAP (CHILD ACTIVIST PROGRAMME)**
- **◆ TOPPERS OF DIR INDIA**
- **◆ CONTACT INFORMATION**
- **◆ OUR TEAM**



#### **CEO REPORT**

June began with a high note of excitement for SWAD school children. The month also brought along a jovial mood of vacation for both the students and their parents. It is now that majority of the children, along with their parents tend to visit



their native villages, to get away from the hustle bustle of the city and the pollution of urban slums. For these children getting spoiled and fussed upon by their grandparents, uncle and aunts is the highlight of their vacations/visits.

DIR Medical team itself also had a pretty busy and engaging first week of June. We had the pleasure of hosting visitors from California, Canada, Vitamin A Angels of Switzerland and Technical Team of DSM Pharmaceutical Company also based in Switzerland. The visits from such international organizations were without a doubt, an exhilarating experience all around. It felt very inspiring/heartening, for DIR-India team, to get appreciated for the influence and growth that the organization has managed to achieve.

June being the peak summer month in India, along with souring temperatures, unfortunately also brings an increase in disease carrying bug population such as flies and mosquitoes. Water scarcity is another common issue faced by the residents of Janta Colony.

Keeping the above issues in mind, we introduced the concept of Immunization Day, where we hold Ayurvedic and Homeopathy OPD. The Ayurvedic OPD is managed by Dr. Inderjeet Kaur along with her team. Along with that DIR-India medical team has also increased the frequency of committee meetings on health and hygiene to generate awareness specifically related to above said issues. Both efforts have provided considerable results.



Dr. INDERJEET KAUR

# IMMUNIZATION PROGRAM



Immunization day is held weekly, on every Wednesday and is run by DIR-

INDIA in collaboration with Punjab Government Health Services. All residents are invited to attend the program and vaccinations are administered as required. A detailed report is mentioned below.

### THE FOLLOWING VACCINATION WERE ADMINISTERED IN JUNE 2019

VACCINATION FOR CHILDREN		VACCINATION FOR PREGNANT			
SHOT	DOSE	SHOT	DOSE		
BCG	0	T.T 1	8		
PENTA 1+IPV	8+8	T.T 2	9		
PENTA 2	14	T.T BOOSTER	3		
PENTA 3+IPV	25+25				
MR 1	22				
MR 2	24				
DPT	24				
BOOSTER					
DPT 5 year	26				
DPT 10 year	14				
DPT 16 year	1				

TOTAL IMMUNIZED= 211
UNIMMUNIZED=0

## HOMEOPATHIC MEDICAL CAMPS

A team of 3 doctors and Para-Medical staff of Homeopathic Medical College and Hospital of Sector-26 Chandigarh conducted two medical camps in the month of June 2019.



• Total number of Patients: 29

• Children: 21

• Females: 8

Common ailments among Children: Indigestion, Fever, Diarrhea, Loss of appetite, Speech problems, Intestinal problems.

**Common ailments among Females:** 

Menopause, Leucorrhea and Arthritis, joint pain, acne, and backache.





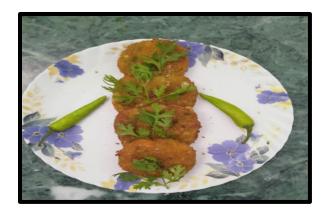


#### **NUTRITION TRAINING**

To enhance the knowledge of nutritional constitution of various food products, the DIR nutrition team conducted demonstration class.

In this class, Nutritionist shared various recipes which highlighted low cost high calorie and high protein diets and demonstrated the best food preparation methods with the help of health promoters.

- Date of nutritional demo- 13th June 2019
- Name of the dish- poha cutlet
- Ingredients- poha (flattened rice), boiled and mashed potatoes, green chillies, seasonal vegetables, gram flour, refined flour, breadcrumbs, dry spices, oil and salt.
- Nutritional value 150 calories and 3 to 4gm approx. in one medium size cutlet.







### NUTRITION IMPROVEMENT PRIORITY PROGRAMME

NIPP ATTENDANCE				
AGE GROUP	NUMBER			
0-12 Month	1			
13-24 Month	4			
25-36 Month	7			
37-48 Month	14			
49-60 Month	5			
Lactational	3			
Pregnant	1			
<b>TOTAL = 35</b>				
Weight gain	10			
Weight loss of the children	7			
Same weight	18			

As most of the families this month had gone to visit their respective villages, there was a drop in the overall attendance of NIPP children.

- Most of the Children with same weight were newly added in the NIPP program since there was no improvement in their weight gain for last few months, despite deworming and personal counselling.
- Increasing temperatures, leading to loss of appetite and diarrhea, are the major factors which lead to weight loss in these children
- Many of the children were visiting their native villages this month. Due to lack of care and monitoring in the villages, few of the kids have regressed to red category.









#### STATISTICS OF RED ZONE CHILDREN IN

#### **OUR PROJECT AREA**

Age in months	Number of children	Percentage
0-12	20	1.4%
13-24	27	1.9%
25-36	30	2.2%
37-48	30	2.2%
49-60	32	2.3%

Total number of red zone children=139(10.3%)

Red zone children gone to village=40(2.9%)













## STATISTICS OF PREGNANT MOTHERS AND NEW DELIVERIES

PREGNANT	ES	BIF	RTHS	MOTH WHO BA	LEFT			ICAL	TRIMESTER N.1		PREGNANT		
LAST MONTH PRI		MALE	FEMALE	TEMPORARILY	PERMANENTLY	INFANT DEATH	MISCARRIAGE	ABORTION / MEDICAL TERMINATION	NEWLY PREGNANT	FIRST	SECOND	THIRD	THIS MONTH PRE IN THE BASTI
79	7	5	2	12	2	1	1	-	15	6	29	50	85

- No reported still born this month
- One Infant Death of age 1.5 months has been recorded this month from SHP Meenakshi's area. The cause is reported to be suffocation during breastfeeding, also known as positional ASPHYXIA.







#### **SCHOOL WITH A DIFFERENCE**

School was closed this month due to summer vacations

## DETAILED INFORMATION OF MEDICAL PROJECT

TOTAL NUI	17585					
NUMBER O	9135					
NUMBER O	F FEMALES			8450		
NUMBER O	F COMMITTE	EE MEETING	}	49		
NUMBER O	F PEOPLE A	TTENDED N	<b>MEETING</b>	613		
RED ZONE	YELLOW	GREEN	TOTAL N	UMBER		
CHILDREN	ZONE	ZONE	OF CHIL	LDREN		
	CHILDREN CHILDREN					
139(40	332(94 gone   568(179   1352					
gone to						
village) village)						
NUMBER	TOTAL	MALE	FEMALE	TOTAL		
OF	NUMBER OF	CHILD	CHILD	NO. OF		
PREGNANT	DELIVERIES			BIRTHS		
MOTHERS						
85	7	5	2	7		

#### **DEATH DETAILS**

	AGE OF DECEASED PERSON	GENDER	CAUSE OF DEATH
MEENAKSHI	95 years	Female	Natural Death
VEENA	40 years	Male	Suicide
MUSKAN	65 years	Female	Pneumonia infection in lungs
MUSKAN	70 years	Male	Heart Attack
Yogita	70 years	Male	Chronic Illness, Alcoholism, liver problem
MEENAKSHI	2 month INFANT	Male	Asphyxia (accidental)

• 2 MONTH INFANT DEATH DUE TO ASPHYXIA. IT WAS AN ACCIDNETAL DEATH.



#### **TOPPERS OF DIR INDIA**

It gives our team immense pleasure to see the health promoters not only growing but excelling. SHP Banita, Field Co-Ordinator Meena, HP Lata and Sunita scored full marks

#### **\* NUTRITION TOPPERS:**

SHP Veena and HP Sushma scored 49/50













#### **\* MEDICAL TOPPERS:**

- HP Dimple scored full marks
- SHP Meenakshi, Banita, HP Sunita and Sushma scored 49.5/50











#### **VISITORS**

- In the first week of June, DIR Medical team had a busy week with international visitors from California, Canada and Switzerland.
- DSM Pharmaceutical Company, one of the largest manufacturing Unit of Vitamins and supplements in the world, donated the supplements and vitamin A capsules for pregnant mothers.





- The Technical Team of DSM Pharmaceutical Company was also showed interest in seeing the distribution of these medicine at ground level. The Indian team of Vitamin A Angels chose DIR-India as an ideal NGO, to be visited by their various international teams.
- International teams of Vitamin A Angels based in California, Canada and Asia were among the visitors.
   International team of Vitamin A Angels accompanied

by technical team of DSM Pharmaceutical company visited Dhanas and Janta Colony. They also visited a few homes in Basti and appreciated the influence and field work done by the Health-Promoters along with the senior team members. They also donated 22000 Rupees in cash to the DIR-India.



 On 27th June a team from Hyatt Regency paid visit to our basti office and distributed snacks, clothes for slum kids for their CSR activity.







## Energy flows where attention goes (Developing Indigenous Resources-INDIA team.)

#### **CONTACT INFORMATION**



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