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CEO's REPORT

- DIR-I's four projects on Health, Primary education, Income generation and women empowerment and feeding programme for children under five to overcome malnourishment are being appreciated and the word of popularity is spreading amongst society.
- Dr. Arun Bansal from Punjab University social welfare department liked the kind of work DIR-I is doing. He is helping DIR by introducing our project to different departments.
- Mr. Arjun Kamboj, Director of Ministry of Skill Development and Entrepreneurship, Government of India visited Dir-I. He appreciated the work the organization is doing. He has assured to recognize our Tailoring program under the Ministry of Skill Development, Government of India. The Tailoring Teacher will run four months professional tailoring course. Students will get a recognized qualification certificate by government of India. Dr. Arun Bansal of Punjab University social welfare department has assured to help the students of DIR in Job placement in private companies through social welfare network.
- Coming months are challenging due to burning heat of summer months. Our field work during these months will be



more concentrated on Committee meetings with practical demonstration on how to make ORS in home with emphasis on rehydration. In addition educating the community on common ailments like Malaria, Dengue, Typhoid, Cholera, food poisoning, Diarrhea and Dysentery.

- Mother's Day is a special event all over the world. On 10th May 2019 DIR - India celebrated the occasion with the Basti women of Janta Colony. Cooking competition was held amongst ladies of the Basti. All participants were judged on quality of food, nutrient value, taste and presentation. Each participant was given a consolation prize and winners were rewarded with special gifts as per their position.



- Mrs. Suchi Thakur was the chief guest on Mother's Day celebrated for Basti women in DIR-I office. Our special thanks to Suchi Thakur for gifting DIR-India the office furniture, classroom furniture and cupboards worth six lakhs. DIR-India will always be indebted to Suchi Thakur for her liberal



contribution and making the functioning of DIR-I comfortable.

- The bubbling heat of May made our office work uncomfortable and strenuous. Our compliments and thanks to Mr. Harshvardhan Jain for his generosity towards the social cause by donating a new 2-ton split AC of MITSUBISHI Company for DIR-I office.
- Our special thanks to Rani Jain for sending Mangoes and fruit Juice for all school children on the last day of the school. Rani Jain is a regular donor in kind.
- DIR-I has received school stationery by Ms Santosh Agarwal and a Cooler by Prof. Raj Gupta from Punjab University.



IMMUNIZATION PROGRAMME

Wednesday is the immunization day run by DIR-INDIA in collaboration with Punjab Government Health Services.

THE FOLLOWING VACCINATION WERE GIVEN IN MAY 2019

VACCINATION FOR CHILDREN		VACCINATION FOR PREGNANT	
SHOT	DOSE	SHOT	DOSE
BCG	0	T.T 1	10
PENTA 1+IPV	12+12	T.T 2	10
PENTA 2	13	T.T BOOSTER	1
PENTA 3+IPV	11+11		
MR 1	13		
MR 2	18		
DPT BOOSTER	18		
DPT 5 year	10		
DPT 10 year	6		
DPT 16 year	0		

TOTAL IMMUNIZED=145

UNIMMUNIZED=1

- 1 child was un-immunized in the month of May because the child was not available. Child has gone to the village.

HOMEOPATHIC MEDICAL CAMPS



A team of 3 doctors and Para-Medical staff of Homeopathic Medical College and Hospital of Sector-26 Chandigarh did two medical camps in the month of MAY 2019.

HOMEOPATHIC MEDICAL CAMPS: 2

- **Total Patients=45**
- **Children=13**
- **Females=32**

Common ailments among Children= Indigestion, Fever, Diarrhea, Loss of appetite, speech problems, intestinal problems.

Common ailments among Females= Menopause, Leucorrhea and Arthritis, joint pain, acne, backache.

NUTRITION TRAINING

In nutrition demonstration, Nutritionist gave demonstration on how to make homemade HEALTHY AND FRESH TOAST SPREADS.

- **Date of nutritional demo- 21st May 2019**
- **Name of the dishes- TASTY AND HEALTHY VERSION OF TOAST SPREADS (curd as base instead of mayonnaise).**
 - **Ingredients-hung curd, bread, grated carrots, capsicum, sweetcorn, oil, mayonnaise, bread, chocolate, raisins, onions, boiled potato, tomato ketchup, cilantro and any other seasonal vegetables accordingly for filling.**
- **Nutritional value- one serving of mayo spread (100gm) comprises of 680 calories and 2gm protein approx.**
- **One serving of hung curd spread (100gm) comprises of 98 calories and 10 gm protein approx.**
- **One serving of chocolate spread (100gm) comprises of 540 calories and 5 gm protein approx.**



NUTRITION IMPROVEMENT PRIORITY PROGRAMME

NIPP ATTENDANCE	
AGE GROUP	NUMBER
0-12 Month	1
13-24 Month	6
25-36 Month	8
37-48 Month	14
49-60 Month	6
Lactational	3
Pregnant	1
TOTAL = 39	
Weight gain	11
Weight loss of the children	11
Same weight	17



As mentioned earlier, most of the families in this month have gone to their respective villages. This explains the drop in total number of NIPP children this month.

- Most of the Children with same weight were newly added in the NIPP program since there was no improvement on their weight gain for last few months in spite of deworming and personal counselling.
- Children who have lost weight is due to heat leading to loss of appetite and diarrhea.



STATISTICS OF RED ZONE CHILDREN IN OUR PROJECT AREA

Age in months	Number of children	Percentage
0-12	23	1.7%
13-24	25	1.8%
25-36	33	2.4%
37-48	44	3.2%
49-60	38	2.8%
Total number of red zone children=163(12.1%)		
Red zone children gone to village=17(1.2%)		



STATISTICS OF PREGNANT MOTHERS AND NEW DELIVERIES

LAST MONTH PREGNANT	NO. OF DELIVERIES	BIRTHS		MOTHERS WHO LEFT BASTI		STILLBORN	MISCARRIAGE	ABORTION / MEDICAL TERMINATION	NEWLY PREGNANT	TRIMESTER			THIS MONTH PREGNANT IN THE BA
		MALE	FEMALE	TEMPORARILY	PERMANENTLY					FIRST	SECOND	THIRD	
78	15	8	7	7	3	-	1	-	20	6	30	43	79

- One miscarriage case in HP Muskaan's area - the mother was 7 month pregnant and she complaint of abdominal pain and went to local doctor .The doctor gave her medicine and she started bleeding.



SCHOOL WITH A DIFFERENCE

- **MOTHER'S DAY** was celebrated on 10th of May. Many mothers participated in this celebration. Our Chief Guest was Mrs Suchi Kapoor Thakur who donated entire furniture to DIR. Our Guest Of Honor was Mr. Ajit Singh who funded gifts for the performance.
- **Parent Teachers Meet** was held where our CEO Dr. Asha Katoch addressed parents and gave them medical and nutrition related tips to beat the heat in summer.
- School has shut down for **SUMMER VACATIONS** and will reopen on 1st July 2019.



DETAILED INFORMATION OF MEDICAL PROJECT

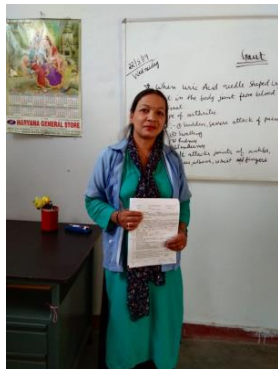
TOTAL NUMBER OF POPULATION				17521
NUMBER OF MALES				9102
NUMBER OF FEMALES				8419
NUMBER OF COMMITTEE MEETING				49
NUMBER OF PEOPLE ATTENDED MEETING				634
RED ZONE CHILDREN	YELLOW ZONE CHILDREN	GREEN ZONE CHILDREN	TOTAL NUMBER OF CHILDREN	
163(17 gone to village)	371(40 gone to village)	677(78 gone to village)	1346	
NUMBER OF PREGNANT MOTHERS	TOTAL NUMBER OF DELIVERIES	MALE CHILD	FEMALE CHILD	TOTAL NO. OF BIRTHS
79	15	8	7	15

DEATH DETAILS

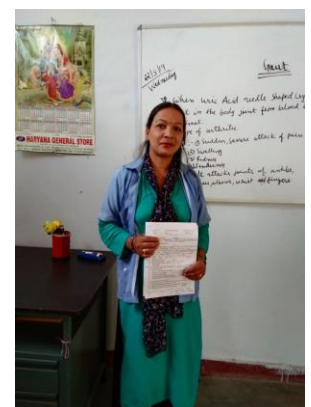
HEALTH PROMOTER	AGE OF DIED PERSON	GENDER	CAUSE OF DEATH
SANGEETA	60 years	Male	ALCOHOLISM
SUNITA	28 years	Male	ALCOHOLISM
MEENAKSHI	80 years	Male	INTESTINAL PROBLEMS
UMA	58 years	Male	HEART ATTACK

TOPPERS OF DIR INDIA

NUTRITION TOPPERS : SHP BANITA scored full marks and SHP MEENAKSHI and HP SUSHMA scored 49.5/50



MEDICAL TOPPERS :HP MUSKAAN and SHP BANITA scored first position by scoring 50/50 and HP SUSHMA BISHT and SHP MEENA scored 49/50 and stood second position.



VISITORS

- Mrs Suchi Thakur Kapoor paid visit to basti office on occasion of Mother's Day and distributed prizes amongst contestants who participated on this competition.



- Mr Ajit Singh and Brig. DC Katoch also paid visit on Mother's Day and donated gifts.



OUR TEAM



CONTACT INFORMATION



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