



# DIR

Developing Indigenous Resources



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# CEO's REPORT



Dr. ASHA KATOCH

This summer season in India has been rather peculiar, with heat and humidity at its extreme and a very late arrival of the monsoon, almost towards the end of September. Further, the month of September brought non-stop heavy downpour with sudden fluctuations in temperature, which made a lot of people, specifically children fall under the weather. There was a wave of viral fever and upper respiratory tract infections, which led to a visible drop in the SWAD school's attendance.

Last month the Prime Minister of India Narendra Modi ji laid focus on population control, in his Independence Day speech, and urged the citizens to pay heed to the issue of rapidly growing population. Staying on par with his message, DIR-India team started working on the data collection and statistics of families with high number of children, especially after we received a few reports regarding the cases of multiple pregnancies. The Medical team along with the senior staff has already started the survey of Janta and Safeda Colony to collect the current data of families with three or more children. It was also observed that, after 13 years of sincere work on family planning by DIR-India, the current ratio of multiple pregnancies is much less as compared to 2006. But despite our awareness programs and efforts, there are still 2-3 families with more than 3 children in each Health Promoter's assigned areas. It is encouraging to know that the younger generation is the most firm believer in 1-2 child policy. Our survey report has given us the graphic display of number of pregnancy and the number of children in each family, which will further help us in making our solutions more customized to their needs.

in addition, the Dieticians of DIR-India recently implemented an increase in the protein and fat quantity of NIPP menu. They together came up with many new high protein and fat content recipes. They also introduced new ingredients which not only improved the nutritional value but also the taste. The weight gain in almost 27 Children of the NIPP attest to that. The children and pregnant mothers are often seen visually relishing the food and often approach the dieticians to praise and also inquire about the recipes. This mo









# IMMUNIZATION PROGRAMME

Weekly, every Wednesday is the immunization day run by DIR-INDIA, in collaboration with Punjab Government Health Services.

A total of 149 children were immunized this month.

## THE FOLLOWING VACCINATION WERE GIVEN IN SEPTEMBER 2019



VACCINATION FOR CHILDREN		VACCINATION FOR PREGNANT	
SHOT	DOSE	SHOT	DOSE
BCG	0	T.T 1	8
PENTA 1+IPV+rota	14+14	T.T 2	9
PENTA 2	6	T.T BOOSTER	0
PENTA 3+IPV	19+19		
MR 1(9month)	18		
MR 2	12		
DPT BOOSTER	12		
DPT 5 year	11		
DPT 10 year	5		
DPT 16 year	14		

**TOTAL IMMUNIZED=149**

**UNIMMUNIZED=1**

✚ Last month, only one child from H.P Sushma Bisht's area was excluded from getting immunized, as the family had recently moved into one of our adopted areas and within few days (just before the Immunization day) they went back to their native village in Uttar Pradesh.





# NUTRITION TRAINING

For nutrition demonstration class, conducted on 17<sup>th</sup> September 2019, Nutritionist Reena demonstrated the recipe of Suji toast, based on low cost high calorie and high protein diet.

- **Name of the dish: SUJI TOAST**
- **Ingredients used:** Semolina  
100g, oil (for shallow frying), carrots 50 g, capsicum 50g, beans 50g, bread 2 slices, curd 100 g.
- **CALORIE COUNT: 641kcal, PROTEIN: 24.32g**





# HOMEOPATHIC MEDICAL CAMPS:

A team of 3 doctors and Para-Medical staff of Homeopathic Medical College and Hospital of Sector-26 Chandigarh conducted two medical camps in the month of SEPTEMBER 2019.



## HOMEOPATHIC MEDICAL CAMPS: 2

- Total number of Patients = 43
- Number of Children= 6
- Number of Females= 34
- Common ailments= Menopause, Leucorrhea and Arthritis, joint pain, acne, backache, cold, fever, body pain, piles, hypertension, hyperpigmentation, anorexia.



# NUTRITION IMPROVEMENT PRIORITY PROGRAMME

NIPP ATTENDANCE	
AGE GROUP	NUMBER
0-12 Month	3
13-24 Month	6
25-36 Month	16
37-48 Month	15
49-60 Month	6
Lactational	5
Pregnant	2
Above 5 years of age	1
<b>TOTAL=54</b>	
<b>Weight gain</b>	<b>27</b>
<b>Weight loss of the children</b>	<b>7</b>
<b>Same weight (NEW KIDS this month)</b>	<b>20</b>



# STATISTICS OF RED ZONE CHILDREN IN OUR PROJECT AREA

Age in months	Number of children	Percentage
0-12	19	1.4%
13-24	32	2.3%
25-36	34	2.5%
37-48	42	3.1%
49-60	35	2.6%
Total number of kids = 1341		
Number of red zone children=162		
Red zone children gone to village=11		







# STATISTICS OF PREGNANT MOTHERS AND NEW DELIVERIES

LAST MONTH PREGNANT	NO. OF DELIVERIES	BIRTHS		MOTHERS WHO LEFT BASTI		INFANT DEATH	MISCARRIAGE	ABORTION / MEDICAL TERMINATION	NEWLY PREGNANT	TRIMESTER			THIS MONTH PREGNANT IN THE BASTI
		MALE	FEMALE	TEMPORARILY	PERMANENTLY					FIRST	SECOND	THIRD	
85	9	7	2	12	1	1	0	0	16	0	47	44	91

- ❖ One infant death was recorded this month due to unidentified reasons. The one year and five months old baby girl was reported to be healthy and in green zone. The child was brought dead to the hospital and the parents refused the option of autopsy.



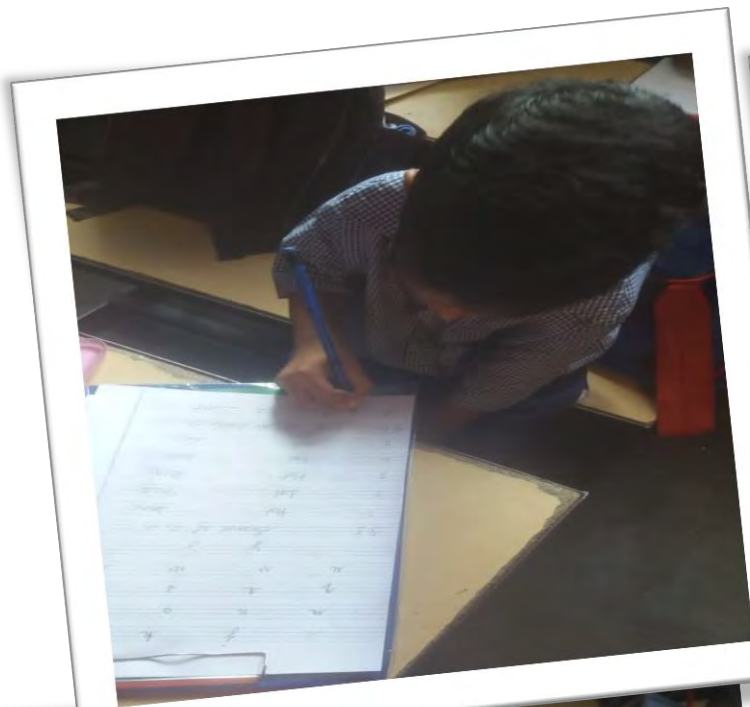






## SCHOOL WITH A DIFFERENCE

- This month SWAD conducted its Second terminal examination. Keeping in mind the pressure the exams can have on the tiny tots we made sure to elevate the stress by including lots of creative activities like finger painting, carom













**THE SWAD SCHOOL WAS PROUD TO ANNOUNCE 90% PASS PERSENTAGE IN THIS MONTHS EXAMS. THE PARENTS-TEACHER MEETING CONDUCTED THIS MONTH WAS ALSO A SUCCESS AS THE PARENTS WERE VERY HAPPY WITH THE RESULTS, AND APPLAUDED THE EFFORTS OF THE STAFF AND WERE ALSO INTERESTED IN KNOWING MORE ABOUT THEIR CHILDREN.**



## **DETAILED INFORMATION OF MEDICAL PROJECT**

<b>TOTAL NUMBER OF POPULATION</b>				<b>17684</b>
<b>NUMBER OF MALES</b>				<b>9178</b>
<b>NUMBER OF FEMALES</b>				<b>8506</b>
<b>NUMBER OF COMMITTEE MEETING</b>				<b>50</b>
<b>NUMBER OF PEOPLE ATTENDED MEETING</b>				<b>625</b>
<b>RED ZONE CHILDREN</b>	<b>YELLOW ZONE CHILDREN</b>	<b>GREEN ZONE CHILDREN</b>	<b>TOTAL NUMBER OF CHILDREN</b>	
<b>162(11 gone to village) = 173</b>	<b>398(42 gone to village) = 440</b>	<b>668 (gone to village) =728</b>	<b>1341</b>	
<b>NUMBER OF PREGNANT MOTHERS</b>	<b>TOTAL NUMBER OF DELIVERIES</b>	<b>MALE CHILD</b>	<b>FEMALE CHILD</b>	<b>TOTAL NO. OF BIRTHS</b>
<b>91</b>	<b>9</b>	<b>7</b>	<b>2</b>	<b>9</b>







## CHILD ACTIVIST PROGRAMME

- WE WERE UNABLE TO CONDUCT ANY CAP ACTIVITIES THIS MONTH DUE TO THE ONGOING TERMINAL EXAMS OF ALL THE BASTI CHILDREN.

## DEATH DETAILS

HEALTH PROMOTER	AGE OF DECEASED PERSON	GENDER	CAUSE OF DEATH
VEENA	19 YEARS	FEMALE	DUE TO TB
SUNITA	2 MONTHS	FEMALE	UNKNOWN REASON
MEENAKSHI	7 YEARS	MALE	DUE TO OVER DOSE OF MEDICINE
MUSKAN	58 YEARS	MALE	DUE TO KIDNEY PROBLEM

# TOPPERS OF DIR INDIA

## NUTRITION TOPPERS:

**This month in nutrition exams**

- SHP Sangeeta scored full marks
- SHP Banita scored second highest. (49.5/50)



**SHP SANGEETA**



**SHP BANITA**

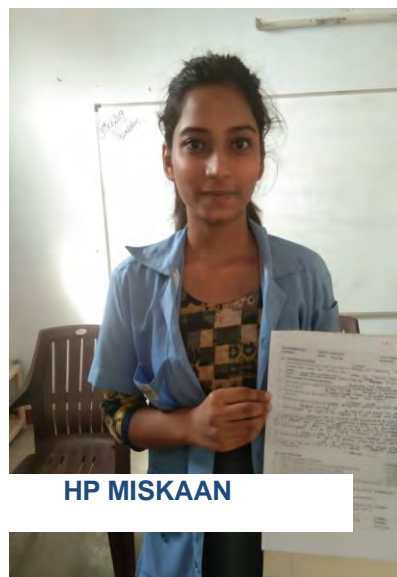
## MEDICAL TOPPERS:

**In the medical exam**

- FC Meena was topper of the class by scoring 49.5/50 marks.
- HP Muskaan stood second by scoring 45.5/50 marks.



**FC MEENA**



**HP MISKAAN**

# VISITORS

- **DIR, India hosted two visitors this month.**
- **Public Health Department HOD Dr. Savita Prashar and her team along with the Botanic Bay Herbs team visited DIR, INDIA on 5th September.**
- **Our CEO Mrs. Asha Katoch took the guest through a very thorough working of the organization and the guests not only enthusiastically participated in the tour but also interacted with the children and the staff.**







**Both the guests also donated children's books and snacks to all the kindergarten children of SWAD.**





**Further by the end of month, on 26<sup>th</sup> September, we had the honor of hosting Ex-DPI Saroj Mittal, who took the time to go over the various projects organized by the Dir-India aiming at nutrition and healthcare and expressed her sincere gratitude to Dir-India for working for the cause of women and child empowerment and further promised to provide help for the organization.**





# OUR TEAM



## CONTACT INFORMATION



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