DIR

Developing Indigenous Resources

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IMMUNIZATON PROGRAMME

Every Wednesday, DIR-INDIA in collaboration with Punjab Government Health Services organizes Immunization day camps at DIR- India, Adarsh Nagar, Nyangoan.

THE FOLLOWING VACCINATIONS WERE GIVEN IN OCTOBER 2019

VACCINATION FOR CHILDREN		VACCINATION FOR PREGNANT	
SHOT	**DOSE**	**SHOT**	**DOSE**
BCG	1	T.T 1	9
PENTA 1+IPV+rota	21+21+21	T.T 2	10
PENTA 2+rota	15+13	T.T BOOSTER	0
PENTA 3+IPV+rots	12+12+5		
MR 1	21		
MR 2	7		
DPT BOOSTER	7		
DPT 5 year	12		
DPT 10 year	8		
DPT 16 year	1		

TOTAL IMMUNIZED= 196 (157 inj.+39 rota)

UNIMMUNIZED=0

HOMEOPATHIC MEDICAL CAMPS

A team of 3 doctors and Para-Medical staff of Homeopathic Medical College and Hospital of Sector-26 Chandigarh did two medical camps in the month of October 2019.

HOMEOPATHIC MEDICAL CAMPS:2

- **Total number of Patients = 34**
- **Number of Children= 7**
- **Number of Females=17**
- **Number of Males=10**

COMMON AILMENTS OBSERVED: Menopause, Leucorrhoea and Arthritis, joint pain, acne, backache, cold, fever, body pain, piles, hypertension, hyper pigmentation, anorexia.

NUTRITION TRAINING

This month for nutrition recipe demonstration, Dietician Reena presented a recipe of Veg Dahlia Cutlets, based on low cost high calorie and high protein diet.

- **Date of nutritional demo:15th October 2019**
- **Name of the dish: HIGH CALORIE HIGH PROTEIN VEG Dahlia CUTLETS**
- **Ingredients- soaked dahlia, cottage cheese, grated capsicum, French beans, carrots, ginger, oil.**
- **Nutritional composition:**
  Protein :20 gm (100 gm in cooked dahlia)
  Calorie count :370 kcal

NUTRITION IMPROVEMENT PRIORITY PROGRAMME

NIPP ATTENDANCE	
AGE GROUP	NUMBER
0-12 Month	2
13-24 Month	5
25-36 Month	9
37-48 Month	17
49-60 Month	6
Lactational	4
Pregnant	2
TOTAL	45
New child	1
Weight gain	15
Weight loss of the children (due to illness)	11
Same weight	19

RED ZONE CHILDREN STATISTICS

Age in months	Number of children	Percentage
0-12	25	2.2%
13-24	31	2.7%
25-35	33	2.9%
36-48	40	0.03%
49-60	38	3.4%
Total number of kids = 1121		
Total number of red zone children=167(14.9%)		
Red zone children who have gone to their villages=6(0.53%)		

HAPPY DIWALI

STATISTICS OF PREGNANT AND NEW DELIVERIES

LAST MONTH PREGNANT	NO. OF DELIVERIES	BIRTHS		MOTHERS WHO LEFT BASTI		INFANT DEATH	MISCARRIAGE	ABORTION / MEDICAL TERMINATION	NEWLY PREGNANT	TRIMESTER			THIS MONTH PREGNANT IN THE BASTI
		MALE	FEMALE	TEMPORARILY	PERMANENTLY					FIRST	SECOND	THIRD	
91	16	9	7	6	32	0	0	0	24	-	34	33	67

SCHOOL WITH A DIFFERENCE

This year two major festivals fell in the month of October. On 8th October we celebrated DUSSEHRA by outlining the story of lord Rama's victory over evil to the SWAD children and burned the Effigy of Demon Ravana to celebrate the victory of good over evil. The celebration ended with distribution of apples amongst students of SWAD school.

On 25th October, the festival of Diwali was celebrated with a lot of enthusiasm. Teachers made the event fun by organizing Rangoli making and Diya decoration activities for the SWAD children.

- **The children also indulged in Sapling activity to contribute towards the greenery**.

DETAILED INFORMATION OF MEDICAL PROJECT

TOTAL NUMBER OF POPULATION	14714
NUMBER OF MALES	7372
NUMBER OF FEMALES	7342
NUMBER OF COMMITTEE MEETINGS	48
TOTAL NUMBER OF PEOPLE PRESENT FOR THE MEETINGS	575

RED ZONE CHILDREN	YELLOW ZONE CHILDREN	GREEN ZONE CHILDREN	TOTAL NUMBER OF CHILDREN	
173(6 gone to village)	377(24 gone to village)	571(49 gone to village)	1121	
NUMBER OF PREGNANT MOTHERS	TOTAL NUMBER OF DELIVERIES	MALE CHILDREN	FEMALE CHILDREN	TOTAL NO. OF BIRTHS
67	16	9	7	16

CHILD ACTIVIST PROGRAMME

There was no new activity planned this month as the children were busy studying for their examinations.

DEATH DETAILS

DEATH DETAILS

HEALTH PROMOTER	AGE OF DECEASED PERSON	GENDER	CAUSE OF DEATH
SUNITA	55 YEARS OLD	MALE	SUICIDE
MEENA	65YEARS OLD	MALE	HEART ATTACK
LATA	28 YEARS OLD	MALE	ROAD ACCIDENT

TOPPERS OF DIR INDIA

As usual our health promoters continue to excel in their academics, making us proud of their achievements.

Top three Achievers of Monthly Nutrition test

- SHP Banita and HP Lata scored full marks while HP Muskan scored second highest i.e. 49.5/50

Top three Achievers of Monthly Medical Test

- SHP Banita scored full marks while SHP Meenakshi, FC Meena, HP Muskan scored 48.5/50

Top three Achievers of Monthly Physiotherapy Test

This month we conducted first physiotherapy exam, as usual the health promoters excelled in the new subject as well

- SHP Banita scored 29.5/30 while Meena scored 28/30 and HP Sanjeev scored 27.5/30

VISITORS

This month we had the pleasure of hosting various officials.

- Brig. Ranjit Singh and Col. Amitesh Verma from NCC paid visit to the basti office on 24th October. Both interacted wholehearted with the children and staff of DIR-India and donated one P.T. DRUM.

- Mrs. Meenakshi from Rotary club was the other visitor, that DIR-India hosted in the month of October. She along with few of her friends interacted enthusiastically with all the children and staff of DIR and expressed the interest to be part of our various programs.

OUR TEAM

CONTACT INFORMATION

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DR. ASHA KATOCH(CEO)

TO DONATE:

DIR-INDIA ACCOUNT DETAILS

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA.
BANK	STATE BANK OF INDIA.
BRANCH	SECTOR-9, MADHYA MARG, CHANDIGARH-160009.
ACCOUNT NO.	37375923235.
RTGS/NEFT/IFSC CODE	SBIN0018249.
MICR CODE	160002091.

"FCRA ACCOUNT"

IN FAVOUR OF	DEVELOPING INDIGENOUS RESOURCES INDIA.
BANK	ICICI BANK.
BRANCH	S.C.O 9, 10 & 11, SECTOR 9-D, CHANDIGARH- 160017
ACCOUNT NO.	001301049226
RTGS/NEFT/IFSC CODE	ICIC0000013
MICR CODE	160229001
SWIFT CODE	ICICINBBNRI