



Developing Indigenous Resources January 2020 Monthly Report



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CEO REPORT

This year's winter has been very severe; in this biting cold some of the families of Janta Colony could not afford to buy enough woollens to keep themselves warm. To DIR-India's surprise, Mr. Sandeep and his team from Open Eyes Foundation distributed blankets to all underprivileged families identified by our Health Promoters in Janta Colony on Jan 1, 2020. The year started with a blissful feeling for the DIR-India Team bringing smiles and happiness to all family members who were suffering from the cold.



Dr. Asha Katoch

This first month of 2020 has brought us many celebrations and new beginnings. Together as a DIR-I family we had many beautiful holiday celebrations, in this newsletter you will read about our Lohri celebration, Republic Day celebration, as well as the graduation of 21 students from our tailoring program. We were honored to welcome many chief guests, and were delighted as always to view poetry recitations and dance performances from SWAD children.

We are grateful for the many generous donations we have received this month from our faithful supporters. Rani Jain graciously provided a catered lunch for all of our guests and students on the eve of her marriage anniversary. As well, Mrs. Shuchi Thakur donated a new computer lab, which will continue to be an extremely helpful tool for our team to use.

We are also grateful for the collaboration of the Open Eyes Foundation and the Rotary Club team for hosting an informative workshop of menstrual health and hygiene, and teaching the women in Janta Colony how to sew their own reusable sanitary napkins. As are also thankful for the collaboration with the Enactus team and Social Substance for selling our reusable cloth bags at an exhibition at Panjab University.

There have been new additions to our DIR-I team as we hired a new teacher for the tailoring program, Jyoti, and we welcomed two Canadian interns, Andrea and Michaela, from University of the Fraser Valley.

It has been a productive month here at DIR-I and we thank you for supporting our organization and all the empowering programs we run.

IMMUNIZATION PROGRAM

Wednesday is the immunization day run by DIR-INDIA in collaboration with Punjab Government Health Services.

The following vaccinations were given in January 2020:

Children's Vaccinations	
Shot	Dose
BCG	0
PENTA 1+IPV+ROTA	10+10+10
PENTA 2+OPV+ROTA	11
PENTA 3+ IPV+ROTA	21
MR 1 (9 months)	16
MR 2	17
DPT Booster	17
DPT 5 Year	12
DPT 10 Year	4
DPT 16 Year	1
Non-immunized	4
Total immunized	164

Pregnant Women's Vaccinations	
Shot	Dose
T.T 1	7
T.T 2	7
T.T Booster	2



NUTRITION TRAINING

In the nutrition demonstration, Dietitian Reena taught a recipe based on low-cost, high-calorie and high-protein diet. Dietitian Reena demonstrated the recipe of high calorie Choco Lava Cake. It was highly innovative as baking was done in a pressure cooker.

Name of the recipe: Choco Lava Cake

Date of the demonstration: 16th January 2020

Ingredients: refined flour, milk, semolina, sugar, cooking oil, peanuts, dark chocolate.



HOMEOPATHIC MEDICAL CAMPS

A team of three doctors and Para-Medical staff of Homeopathic Medical College and Hospital of Sector-26 Chandigarh held two medical camps in the month of January 2020.

Homeopathic Medical Camps	2
Total patients	22
Children	4
Females	15
Males	3

Common ailments: common skin infections, allergies, acne, cough, fever, body pain,hyperpigmentation, ganglion,hair fall, flatulence.



NUTRITION IMPROVEMENT PRIORITY PROGRAM

NIPP Attendance	
Age Group (Months)	#
0-12	0
13-24	9
25-36	9
37-48	14
49-60	12
Lactational	8
Pregnant	3
TOTAL	55





STATISTICS OF RED ZONE CHILDREN

Age (Months)	# Children	%
0-12	19	1.6
13-24	16	1.4
25-36	21	1.8
37-48	29	2.5
49-60	25	2.1
Total children in area	1141	
Red zone children	110	9.6
Red zone children gone to village	9	0.8





SCHOOL WITH A DIFFERENCE

Swad highlights for this month included sapling planting activities. The teachers demonstrated the planting steps and techniques for the children while explaining the importance of plantation for maintenance of our healthy environment. A truly amazing way to incorporate the healthy habit in our growing SWAD students.



STATISTICS OF MEDICAL PROJECT

Total # of Population	14373
# Males	7450
# Females	6923
# of committee meetings	48
Meeting Attendance	558
Total # of children	1141
Red zone children	110
Currently gone to village	9
Yellow zone children	349
Currently gone to village	28
Green Zone	606
Currently gone to village	39



STATISTICS OF PREGNANT MOTHERS AND NEW DELIVERIES

# of women pregnant last month	72
# of deliveries	22
Births	M: 10 F: 12
Mothers who left basti	Temporarily: 8
	Permanently: 3
Infant Death	2
Miscarriages	0
Abortions	0
Newly Pregnant	17
Trimester	1st: 0 2nd: 1 3rd: 2
# of women pregnant this month	64

DEATH DETAILS

Health Promoter	Age of Deceased (Years)	Gender	Cause of Death
Veena	70	M	Multiple Diseases
Veena	80	F	Natural Death
Dimple	70	F	Natural Death
Dimple	5 months	F	*Unknown cause
Banita	38	M	Due to fits
Muskan	79	M	Multiple Diseases
Sangeeta	1 month	M	*Unknown Cause
Uma	24 months	F	*Unknown Cause

CAP PROGRAM

A total of 180 children were part of the Child Activist Program this month. Health Promoter Mrs. Meenakshi, the senior in charge of the program spread awareness regarding the signs of fever and chilblains. The games used were dodgeball and football.



TAILORING PROGRAM

Tailoring certification distribution:

This month also marked the graduation of 21 women from their four-month Ministry of Skill Development certified Tailoring Program. Mr. Arjun Kamboj (Director of Ministry of Skill Development, Government of India), Mrs. and Mr. OPI Sood (retiree of Pfizer Pharmaceuticals and horticulture designer for Pasco plantation), Mr. Arun Bansal (social substance, Punjab University) presented the tailoring graduates with their certifications. The ceremony was concluded with a catered lunch graciously donated by Rani Jain on the eve of her marriage anniversary.



INCOME GENERATION PROGRAM

Exhibition at Panjab University:

We were invited to sell our cloth bags, made by students in our tailoring program at an exhibition at Panjab University. This was organized by the Enactus Team of Chemical Engineering Branch. We are grateful for the Enactus Team and Social Substance team for giving us this opportunity to showcase the talent of our tailoring students and for giving us a source of income to keep our organization running.



DIR-India January Highlights

Lohri celebration:

DIR-India team celebrated the festival of Lohri on 10TH January with liveliness and eagerness. We welcomed Col. Avtar Singh and his wife Mrs. Rano Singh as chief guests. The enthusiastic dance performances and poetry recitations by the SWAD children were cheerfully appreciated by all. It was a joyous event with the DIR-India teachers, students, and staff indulging in dancing around the bonfire, which symbolizes Lohri festival. The event concluded with the distribution of packages of peanuts, popcorn and various Lohri sweets to the children and whole team.



Republic Day Celebrations:

This 26th January, 2020 marked India's 71st Republic day, which was celebrated with vigor by the SWAD children and the staff. The children along with the health promoters spread a feeling of patriotism through their amazing dance performances and poetry recitations. The teachers educated the children about the freedom fighters, and the celebration ended with distribution of ladoos to the children and the staff.



Workshop on menstruation health:

This month DIR India also hosted a 2-day workshop on menstrual hygiene in collaboration with Open Eyes Foundation (under the project Rise: Women be Period Positive) and the Rotary Foundation team (Pankh project). Both the teams held a very interactive and informative workshop on the topic of menstrual health and hygiene, busting various myths and misconceptions, focusing on those spread in rural communities. The workshop was attended by many community women and DIR-I staff. There were also instructions for the usage and disposal of various menstrual products like: reusable cloth pads, sanitary napkins, tampons, and menstrual cups. An emphasis was placed on using environmentally sustainable menstrual products. Free blood tests were also done for all the attendees. The 2nd day of workshop included a demonstration for making cloth pads, where all the tailoring students took the lead with their enthusiasm to learn. The event concluded with distribution of intimate washes as gifts for attending the workshop. We are also grateful to Dr. Arun Bansal (social substance, Punjab University) who worked behind to make such collaboration possible, specially focused on empowerment and upliftment.



Dhanas Medical Project update:

This month our team has recorded and updated the weight and the health status of all children under 5, pregnant and lactating mothers of the priority surveyed area of Dhanas Colony. Health promoters, along with senior staff, now actively work towards providing vitamin A and deworming tablets, counselling and educating mothers regarding growth charts, high-calorie high-protein diets and maintenance of proper sanitation and hygiene.



Interns from Fraser Valley and Panjab University:

We also had the immense pleasure of hosting two interns, Michaela and Andrea from Canada. Both are here as part of a collaboration between the Fraser Valley India and Panjab University International Program. They have since the day of joining continued to help us out with their skills in photography, writing, making professional reports and various marketing strategies to name just a few. We are truly grateful for their help and passion towards being an active part of our various programs.



Installation of new computer lab:

A new computer lab was donated by Mrs. Shuchi Thakur, consisting of four new computers with complete accessories such as keyboards and mice, as well as new furniture like desks and chairs. She also donated an inverter for us, as our Basti office often has power failures. This new inverter will allow us to do our work without any power surges or circuit problems like we had in the past. This computer lab is extremely beneficial to our organization as the Health Promoters are able to import their growth charts into soft copies, and it gives our staff new opportunities to acquire new skill sets. We would like to thank Mrs. Shuchi Thakur for her generous donation for our organization.



TOP ACADEMIC PERFORMERS OF DIR-I

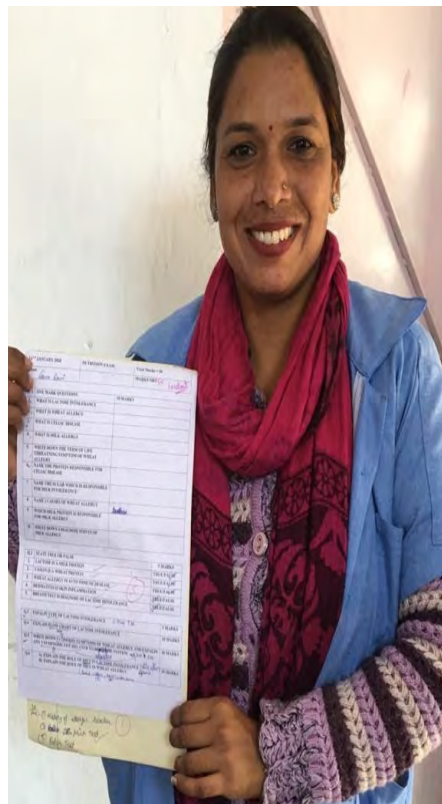
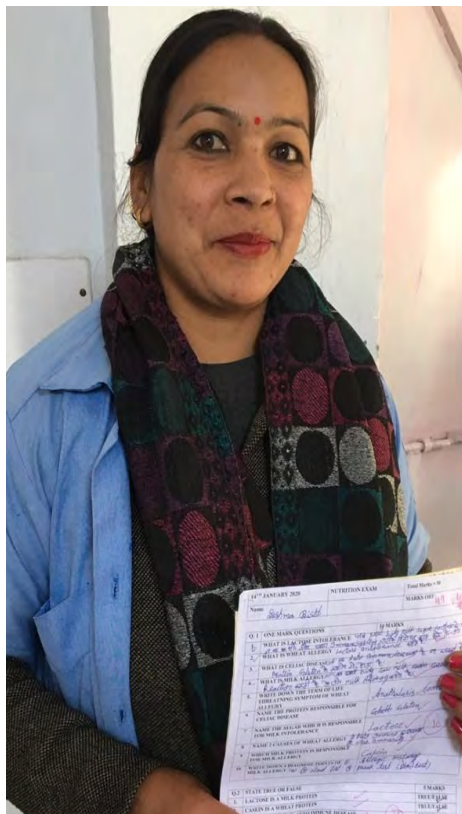
Medical Test Results for January:

HP Lata scored highest marks i.e 49/50

while Field Coordinator Meena scored 48.5/50



Nutrition test result for January:
Field Coordinator Meena, SHP Banita, SHP Veena, and HP Lata scored full marks. SHP Meenakshi, HP Sushma and SHP Sunita scored second highest at 49/50.



OUR TEAM



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